



Indiana Statewide Implementation of Multisystemic Therapy (MST)

What is the opportunity?

Indiana Family and Social Services Administration (FSSA) Division of Mental Health and Addiction and the Indiana University School of Medicine Department of Psychiatry have partnered to implement Multisystemic Therapy (MST) in agencies across Indiana. *Our goal is for every Indiana child to be able to access MST services within an hour of their home.*

Proven outcomes include:



Reduced rates of criminal offending and arrests



Reduced rates of out-of-home placements



Extensive improvements in family functioning

What is MST?

Multisystemic Therapy (MST) is a family and community-based treatment that addresses the core causes of juvenile delinquency and antisocial behaviors in youth ages 12-17. The ultimate goal is to reduce unwanted behaviors by empowering families to create healthier environments using existing youth, family, and community strengths and resources.

What is required by agencies?

Participating organizations will work with IUSM and MST Services to:

- Assemble at least 1 team consisting of 1 supervisor, at least half-time, and at least 2 full-time MST therapists
- Attend a 5-day orientation training
- Provide MST to local eligible youth

Who is eligible to participate?

Any youth-serving organization in Indiana that treats youth with serious externalizing behaviors (including aggressive/violent behaviors, criminal behaviors, substance use, and chronic truancy) and/or justice-involved youth.

Which costs are covered by FSSA funds?

- Start-up costs, including program development and 5-day training
- Program support and license fees for up to 2 years
- Support for administrative costs, hiring and recruiting services, and hiring and retention bonuses
- Flex funds for MST families
- **Participating organizations can save upwards of \$100,000 in MST start-up costs!**

How can agencies fund MST sustainably?

In addition to psychotherapy codes billed to insurers, MST services can be funded through the Indiana Department of Child Services (DCS) for cases that meet eligibility requirements. MST Services will collaborate with organizations to work through funding and referral models to ensure sustainability.

To learn more about how MST can benefit your community or how to start your own MST program, contact the MST Implementation Team at indmst@iupui.edu

For more information on MST, visit www.mstservices.com