



Ronald
McDonald
Family Room®

**A PRIVATE PLACE AWAY
FROM THE MEDICAL SPACE**



BE OUR GUEST

SCAN FOR HOURS, LOCATIONS
& PRE-REGISTER TO VISIT

NOTE: Due to hospital guidelines, the Ronald McDonald
Family Rooms may not be visited by patients.



Riley Safety Store

The Safety Store at Riley sells over 150 safety products at *low prices!*

Items available for purchase include:

- Car Seats
- Infant Sleep Sacks
- First Aid Supplies
- And more!

Call the Safety Store
Hotline at 317-274-6565
or Visit the Safety Store
located in the Riley
Outpatient Center
next to the gift shop.



New and Noteworthy

Riley International Board Certified Lactation Consultants

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Riley's International Board Certified Lactation Consult Examiners are here to provide advice and support, as well as help you choose breastfeeding supplies and accessories so you can make breastfeeding work for you and your baby. Breastfeeding support services include: education, breast pumps and accessories, and support groups.

For more information or to speak with one of our International Board Certified Lactation Consult Examiners, please let your nurse know or call: 317.948.7416

Riley Block Family Library

Did you know Riley has a Library where you can check-out books, puzzles, movies and more? The Library is located on the first floor of Riley Hospital, and is open from 9am-5pm, Monday - Friday. Give them a visit for more information!



Q&A with NICU Grad Bryce and Mom, Michelle

NN: What were your first thoughts when you saw your baby?

Michelle: After three hard days of labor, our son was finally delivered via c-section. We knew he would be born with a heart condition, but our world quickly shattered as they showed us our son, whom we could not hold, with many more congenital birth defects than we had known. My son did not look like a typical baby. He was missing body parts. He had growths on his face we didn't understand. What was supposed to be the happiest moment of our lives quickly turned into utter fear. All we could do was cry.

NN: What was the best/most meaningful part of being a NICU parent?

Michelle: Being a NICU parent means you are a parent to the most resilient, strongest child. They fight so hard in their first few weeks of life, harder than most will ever have to in their lives. Their fight is inspirational. Watching them overcome these horrible hurdles and prove every doctor wrong when they hit milestones you never thought they would reach. It makes you a stronger person.

NN: What advice do you have for current NICU families?

Michelle: It is OK to grieve. Our entire lives, we dream of having kids and what it will be like. To have that dream start in such a negative way is extremely hard. You are grieving the loss of the life you thought your child and family would have. Ask for help. Utilize Riley's amazing and wonderful resources to help you through the hard times. It will get better. It does get better. When you walk out those Riley doors with your little one to go home, you will be a stronger person than when you entered.



NICU

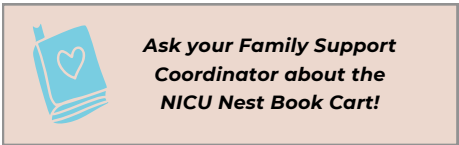


now

Upcoming NICU Nest Events

Every Monday: Free Pizza! Join us each Monday in the NICU Family Lounge for a pizza lunch from 12:00pm - 1:30pm

August 2nd & September 6th: NICU Baby Shower! Join NICU Nest in the NICU Family lounge from 1:00pm - 2:00pm for for desserts and a gift for every baby



Ask your Family Support Coordinator about the NICU Nest Book Cart!

