CURRICULUM VITAE

de Groot, Mary Kathleen

**EDUCATION:**

### POSTDOCTORAL

Washington University in St. Louis 2002

Nutrition-Behavioral Cardiovascular Disease Prevention Training

Grant (NHLBI T32)

Division of Health Behavior Research,

Departments of Medicine and Pediatrics

**GRADUATE**

Harvard University Ed.M. 1989

 Counseling and Consulting Psychology

### University of Rhode Island Ph.D. 1999

 Clinical Psychology

**UNDERGRADUATE**

### Northwestern University Bachelor of Science 1987

**FURTHER EDUCATION:**

VA Connecticut Healthcare System Pre-Doctoral Internship 1999

Clinical Campus Yale University School of Medicine

Areas of training: health psychology/primary care practice; smoking cessation; weight management; cognitive-behavioral assessment and treatment of pain; health psychology individual & couples outpatient psychotherapy; individual outpatient psychotherapy; inpatient consultation/liaison assessment and intervention.

**APPOINTMENTS:**

### ACADEMIC

### Ohio University Assistant Professor 2002-2008

###  Department of Psychology

Ohio University Faculty Fellow 2003-2009

Voinovich School of Leadership and Public Affairs

### Ohio University Associate Professor 2008-2009

###  Department of Psychology

### Indiana University Associate Professor, 2009-Present

School of Medicine Department of Medicine

 Division of Endocrinology

IUPUI Adjunct Associate Professor 2011-Present

 Department of Psychology

**NON-ACADEMIC**

Indiana University Core Faculty 2009-2012

School of Medicine

Diabetes Translational Research Center

Regenstrief Institute, Inc. Affiliated Research Scientist 2009-Present

Indiana University School of Medicine Associate Director 2012-2016

Diabetes Translational Research Center

Indiana University School of Medicine Acting Director 2016-Present

Diabetes Translational Research Center

**LICENSURE:**

Licensed Psychologist, Missouri #2000175009 2000-2002

Licensed Psychologist, Ohio #5892 2002-2011

National Register of Health Service

Providers in Psychology #52796 2010-2013

Licensed Psychologist, Indiana #20042391A 2009-Present

National Provider Identifier #1316178775

**PROFESSIONAL ORGANIZATION MEMBERSHIPS**

Rhode Island Psychological Association 1994-1998

American Psychological Association 1994-Present

The Society of Behavioral Medicine 1996-Present

American Diabetes Association 1997-Present

Behavioral Research in Diabetes Group Exchange 1999-Present

American Association of Diabetes Educators 2002-2005,

 2016-Present

**PROFESSIONAL HONORS AND AWARDS:**

**SERVICE/RESEARCH**

Graduate Fellowship University of Rhode Island 1997

Jacob S. Levine

Clinical Scholar Award VA CT Healthcare System 1999

 Psychology Service

Nominee

Peter S. Merenda Prize Department of Psychology 2000

in Statistics University of Rhode Island

Clinical Research

Loan Repayment Program National Institutes of Health 2005-2009

\*Outstanding Clinical Supervisor Department of Psychology, IUPUI 2018

Award

\*IUSM Department of Indiana University School of

Medicine Heroes Award Medicine, Department of Medicine 2020

**SERVICE/RESEARCH (CONT’D)**

\*Dr. Rachmiel S. Levine Award American Diabetes Association 2020

for Service and Leadership

This award represents the highest honor bestowed in my field of clinical diabetes for service as President of Health Care and Education for the American Diabetes Association.

**PROFESSIONAL DEVELOPMENT:**

APA Science Leadership Conference American Psychological Association 2006

APA Science Leadership Conference American Psychological Association 2007

APA Science Leadership Conference American Psychological Association 2008

APA Science Leadership Conference American Psychological Association 2012

\*Works in Progress Lecture Series Regenstrief Institute, Inc. 2010-Present

\*Works in Progress Lecture Series Diabetes Translational Research Center 2010-Present

George Gopen: Scientific Writing Office of Faculty Affairs and Professional 2010

from the Reader’s Perspective Development; IUSM

Women in Science & Medicine Office of Faculty and Professional 2010

Workshop: Ask for It: Negotiation Affairs; IUSM

Training

Applied Methodologies for Reducing Intra-University Program for 2010

Obesity in Latino Communities Latino Research

Summer Research Workshop Notre Dame University

(20 hours)

\*Division of Endocrinology Grand Rounds IUSM 2010-Present

Leadership in Academic Medicine Office of Faculty Affairs and 2010

Program (LAMP) Professional Development, IUSM

(27 hours)

APA Science Leadership Conference American Psychological Association 2012

\*FEED Presentations Office of Faculty Affairs and Professional 2012-Present

 Development, IUSM

\*Stepping Stones of Women

in Leadership Faculty Affairs, Professional Development 2012-Present

 and Diversity

**TEACHING:**

**UNDERGRADUATE**

Course Number Title Format Date Role Class Size

Psy380 Psychology of Health and Illness Group Spring 2003 Instructor 44

Psy380 Psychology of Health and Illness Group Fall 2005 Instructor 35

Psy3940 Research in Psychology Individual Fall 2006 Instructor 1

Psy3940 Research in Psychology Individual Winter 2007 Instructor 1

Psy380 Psychology of Health and Illness Group Spring 2007 Instructor 28

Psy3940 Research in Psychology Individual Spring 2007 Instructor 1

Psy3940 Research in Psychology Individual Fall 2007 Instructor 1

Psy3940 Research in Psychology Individual Winter 2008 Instructor 1

Psy3940 Research in Psychology Individual Spring 2008 Instructor 1

**GRADUATE**

Course Number Title Format Date Role Class Size

S15 5011 SWCR Human Behavior Group Fall 2001 Instructor 25

 Washington University in St. Louis

S15 5011 SWCR Human Behavior Group Fall 2001 Instructor 15

 Washington University in St. Louis

\*Psy789 Clinical Practicum: Adult Therapy Group Winter 2003 Instructor 6

\*Psy789 Clinical Practicum: Health Group Spring 2003 Instructor 5

 Psychology

Psy789 Clinical Practicum: DSM-IVTR Group Fall 2003 Instructor 5

Psy789 Clinical Practicum: Case Concept. Group Winter 2004 Instructor 5

Psy789 Clinical Practicum: Peer Group Spring 2004 Instructor 6

 Supervision

Psy758A Health Interventions Group Fall 2004 Instructor 5

Psy789 Clinical Practicum: Primary Care Group Fall 2004 Instructor 5

Psy789 Clinical Practicum: Peer Group Spring 2005 Instructor 5

 Supervision

Psy789 Clinical Practicum: DSM-IVTR Group Fall 2005 Instructor 6

Psy789 Clinical Practicum: Case Concept. Group Winter 2006 Instructor 6

Psy789 Clinical Practicum: Peer Group Spring 2006 Instructor 4

 Supervision

Psy789 Clinical Practicum: Primary Care Group Fall 2006 Instructor 5

Psy789 Clinical Practicum: DSM-IVTR Group Fall 2007 Instructor 5

Psy789 Clinical Practicum: Case Concept. Group Winter 2008 Instructor 5

Psy758A Health Interventions Group Fall 2008 Instructor 15

Psy789 Clinical Practicum: Health Group Fall 2008 Instructor 5

 Psychology

\*SHRS-W670 Research Practicum in Individual Fall 2011 Instructor 1

 Health & Rehabilitation Science

\*PSY-I 689 Clinical Psychology Practicum Individual Fall 2010 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Spring 2011 Instructor 2

\*PSY-I 689 Clinical Psychology Practicum Individual Fall 2011 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Spring 2012 Instructor 1

\*SHRS-W670 Research Practicum in Individual Spring 2012 Instructor 1

 Health & Rehabilitation Science

\*P670 Cardiovascular Epidemiology Group Spring 2012 Guest Lecturer 12

\*PBHL E775 Doctoral Research Seminar in Group Spring 2012 Guest Lecturer 7

 Epidemiology

\*PSY-I 689 Clinical Psychology Practicum Individual Fall 2012 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Spring 2013 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Fall 2013 Instructor 1

\*PSY-I 618 Interventions in Health Psychology Group Fall 2013 Guest Lecturer 9

\*PBHL E775 Doctoral Research Seminar in Group Spring 2014 Guest Lecturer 10

 Epidemiology

\*PBHL E795 Cardiovascular Epidemiology Group Spring 2014 Guest Lecturer 3

\*PBHL E629 Intro to Genetic Epidemiology Group Fall 2014 Guest Lecture 30

\*HPER K553 Physical Activity and Health Group Fall 2014 Guest Lecture 12

\*HERV422 Senior Capstone Design Course Group Spring 2016 Guest Lecture 20

\*PBHL-E795 Cardiovascular Epidemiology Group Spring 2016 Guest Lecture 10

\*IUSM Research Elective – Dr. Eric Doerr Individual August 2016 1

\*IUSM Special Elective Dr. Eric Doerr Individual October 2016 1

**GRADUATE (CONT’D)**

Course Number Title Format Date Role Class Size

\*IUSM Research Elective Individual October 2016 1

 Dr. Max Rappaport

\*PBHL-S614 Program Planning in Public Health Group Fall 2016 Guest Lecture 15

\*PBHL E795 Cardiovascular Epidemiology Group Spring 2017 Guest Lecturer 7

\*HPER K553 Physical Activity and Health Group Fall 2017 Guest Lecture 15

\*PSY-I 689 Clinical Psychology Practicum Individual Fall/Spring 2015 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Fall/Spring 2017 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Fall/Spring 2018 Instructor 1

\*PSY-I 689 Clinical Psychology Practicum Individual Fall/Spring 2019 Instructor 1

\*IUSM Research Elective Individual 2017 1

 Dr. Zachary Simons

\*IUSM Research Elective Individual 2019 1

 Dr. Himani Sharma

\*202003\_CTR George Washington University Individual 2020 Instructor 1

 Capstone Project\_CTS\_6264\_DE

**POSTGRADUATE**

Title Date Role Class Size

\*American Diabetes Association 60th Annual Post-Graduate Course 2/24/2012 Lecturer 522

New York City, NY.

Faculty appointments to this course are selected by the American Diabetes Association and represent a prestigious recognition of expertise. Learners are endocrinologists, certified diabetes educators, nurses, dietitians and other allied providers who serve diabetes patients throughout the U.S. Average teaching rating 4.27/5.0.

\*American Diabetes Association of Diabetes Educators 10/28/2014 Lecturer 75

 Diabetes CME Webinar

\*Indiana Psychological Association 11/5/2014 Lecturer 26

 CME Workshop: Demystifying Diabetes

\*Reid Hospital and Healthcare System Grand Rounds 7/15/2015 Lecturer 35

Richmond, IN

\*American Diabetes Association 66th Annual Post-Graduate Course 2/23/2019 Lecturer 80

New York City, NY.

Faculty appointments to this course are selected by the American Diabetes Association and represent a prestigious recognition of expertise. Learners are endocrinologists, certified diabetes educators, nurses, dietitians and other allied providers who serve diabetes patients throughout the U.S. Average teaching rating 4.27/5.0.

\*Ohio University Heritage College of Osteopathic Medicine 10/03/2020 Lecturer 47

Diabetes Summit

**CONTINUING EDUCATION**

Event Format Date Role Class Size

\*Johnson & Johnson Diabetes Institute, LLC Group January 12-13, 2009 Lecturer 28

\*Johnson & Johnson Diabetes Institute, LLC Group January 19-20, 2009 Lecturer 26

\*Johnson & Johnson Diabetes Institute, LLC Group March 26-27, 2009 Lecturer 25

\*Johnson & Johnson Diabetes Institute, LLC Group March 30-31, 2009 Lecturer 27

\*Johnson & Johnson Diabetes Institute, LLC Group Sept. 28-29, 2009 Lecturer 23

\*Johnson & Johnson Diabetes Institute, LLC Group Oct. 22-23, 2009 Lecturer 25

\*Johnson & Johnson Diabetes Institute, LLC Group Feb. 4-5, 2010 Lecturer 24

**CONTINUING EDUCATION (CONT’D)**

Event Format Date Role Class Size

\*Johnson & Johnson Diabetes Institute, LLC Group March 8-9, 2010 Lecturer 26

\*Johnson & Johnson Diabetes Institute, LLC Group April 15-16, 2010 Lecturer 28

\*Johnson & Johnson Diabetes Institute, LLC Group May 13-14, 2011 Lecturer 22

\*Johnson & Johnson Diabetes Institute, LLC Group Nov. 8-9, 2012 Lecturer 26

\*Johnson & Johnson Diabetes Institute, LLC Group April 24, 2013 Lecturer 46

\*Johnson & Johnson Diabetes Institute, LLC Group April 26, 2013 Lecturer 24

\*Johnson & Johnson Diabetes Institute, LLC Group June 18, 2013 Lecturer 22

\*Johnson & Johnson Diabetes Institute, LLC Group Aug. 23, 2013 Lecturer 27

\*Johnson & Johnson Diabetes Institute, LLC Group October 2, 2014 Lecturer 26

\*Johnson & Johnson Diabetes Institute, LLC Group October 29, 2014 Lecturer 23

\*Johnson & Johnson Diabetes Institute, LLC Group December 3, 2014 Lecturer 20

\*Johnson & Johnson Diabetes Institute, LLC Group June 17-18, 2015 Lecturer 23

\*Johnson & Johnson Diabetes Institute, LLC Group February 9, 2016 Lecturer 23

\*Johnson & Johnson Diabetes Institute, LLC Group October 24, 2016 Lecturer 25

\*Johnson & Johnson Diabetes Institute, LLC Group October 25, 2016 Lecturer 27

\*Johnson & Johnson Diabetes Institute, LLC Group July 28, 2017 Lecturer 15

\*Johnson & Johnson Diabetes Institute, LLC Group July 27, 2018 Lecturer 32

\*Johnson & Johnson Diabetes Institute, LLC Group November 6, 2018 Lecturer 35

I have served as a faculty member to the Johnson & Johnson Diabetes Institute, LLC, a non-profit educational institute, which provides a 1- and 2 day workshop to certified diabetes educators, physician assistants, nurses, dietitians, pharmacists, and physicians practicing throughout the U.S. I have provided development of content and delivery of 4 lectures for these workshops on the topics of behavior change, motivational interviewing, the Transtheoretical Model, depression and diabetes and social support. Average teaching rating: 4.5/5.0 (Excellent).

**MENTORING**

**STUDENTS**

Erin Hockman, Ph.D. Masters Degree Research Mentor 2002-2007

 Ohio University

Chas Wheeler, M.S. Masters Degree Research Mentor 2004-2005

 Ohio University

\*Todd Doyle, Ph.D. Masters and Doctoral Research Mentor 2004-2012

 Ohio University

Jennifer Merrill Averyt, Ph.D. Masters Research Mentor 2004-2009

 Ohio University

Brenda Pinkerman, Ph.D. Post-Doctoral Fellow 2004-2005

 Ohio University

Brad Spickard, Ph.D. Clinical Mentor 2004-2008

 Ohio University

Candace Patterson, Ph.D. Clinical Mentor 2004-2008

 Ohio University

Dustin Hammers, Ph.D. Clinical Mentor 2004-2008

 Ohio University

Carleen Risaliti, M.D. Massenah Cutler Scholar 2005-2007

 Undergraduate Research Mentor

 Ohio University

Joseph Bianco, Ph.D. Post-Doctoral Fellow/Clinical Mentor 2005-2009

 Ohio University

**STUDENTS (CONT’D)**

Claire Russell, M.S. Undergraduate Research Mentor 2006-2008

 Ohio University

Melissa Meyers, Ph.D. Dissertation Advisor 2006-2009

 Ohio University

\*Kisha Virgil Alexander, Ph.D, Doctoral Research Mentor 2009-2013

MPH, CHES IUPUI

\*Monica McKeller Bridges to Baccalaureate Scholar 2010

 Summer Research Program – IUPUI

\*Desiree Zielke, Ph.D. Clinical Supervisor/Mentor - IUPUI 2010-2011

\*Misty Hawkins, M.S. Clinical Psychology Mentor - IUPUI 2012

\*Lisa Scarton, Ph.D. Faculty Mentor 2014-2017

 Indiana University School of Nursing

\*Kent Crick, M.S. Faculty Mentor 2013-2016

 University of Indianapolis

\*Michael Craven, Psy.D. Dissertation Committee Member 2015-2019

 University of Indianapolis

\*Katie Dircksen, Pharm.D. Faculty Mentor 2017-2019

 Purdue University School of Pharmacy

\*Elizabeth Vrany, Ph.D. Faculty Mentor 2015-2017

 IUPUI Department of Psychology

\*Brittanny Polanka, Ph.D. Faculty Mentor 2017-2018

 IUPUI Department of Psychology

\*Loretta Huseh, Ph.D. Dissertation Committee Member 2016-2020

 IUPUI Department of Psychology

\*Ekin Secinti, M.S. Faculty Mentor 2019

 IUPUI Department of Psychology

\*Brittany Podorski-Brown, Ph.D. Dissertation Committee Member 2015-2019

 IUPUI Fairbanks School of Public Health

\*Charles Elomba, M.S. Dissertation Committee Member 2020-Present

 IU School of Nursing

\*Kevin Wiley, M.S. Dissertation Committee Member 2020-Present

 IUPUI Fairbanks School of Public Health

\*Meghana Akkati Irvington High School 2020-2021

 Sacramento California

\*Aubrey Shell, M.S. Faculty Mentor 2021

 IUPUI Department of Psychology

**JUNIOR FACULTY**

\*Jennifer Wessel, Ph.D. Junior Faculty Mentor, IUPUI 2010-2015

\*Shelley Johns, Ph.D. Junior Faculty Mentor, IUSM 2012-2019

\*Sula Hood, Ph.D. Junior Faculty Mentor, IUPUI 2015-2021

\*Ines Gonzalez – Casanova IU-Bloomington School of Public Health 2021-Present

\*April Savory IUPUI 2021-Present

**FACULTY**

\*Priscilla Barnes, Ph.D. Junior Faculty Mentor, IU Bloomington 2015-Present

\*Rheeda Walker, Ph.D. Faculty, University of Houston 2017-2018

\*Elizabeth Beverly, Ph.D. Ohio University Heritage College of

 Osteopathic Medicine 2017-Present

\*Virgil Gregory Faculty, Indiana University 2018-Present

**TEACHING ADMINISTRATION AND CURRICULUM DEVELOPMENT**

**CURRICULUM DEVELOPMENT**

\*Behavioral Aspects of Indiana University School of Medicine 2011-Present

Diabetes: Curriculum for

Medical Residents

Curriculum developed for medical students, residents and fellows to provide an overview to the behavioral aspects of chronic illness management, use of the Stages of Change model in brief medical encounters and use of Motivational Interviewing to employ behavioral prescriptions with patients to enhance adherence and medical outcomes. This curriculum has been used with N=75 learners assigned to the Ambulatory Block rotation for medical students or the Endocrine Consult Service/Internal Medicine Residency Rotation. Completion of this curriculum involves 1 hour didactic structured dialogue, 3 hours of patient shadowing, use of a behavioral prescription in the learner’s medicine clinic and 1 hour of debriefing/supervision.

\*Structured Clinical Interview Indiana University School of Medicine 2011-2016

For the DSM-IVTR Training

Curriculum for Patients with Diabetes

Curriculum developed to train master’s level interviewers to administer and diagnose Axis I disorders using the Structured Clinical Interview for the Diagnostic and Statistical Manual (4th Edition, TR) developed by Columbia University and the American Psychiatric Association. This curriculum is designed to provide learners with a foundational understanding of mood and episodic psychiatric disorders in the context of diabetes patient interviews. A total of N=23 learners who were graduate students in clinical psychology at IUPUI, Purdue University and the University of Indianapolis have been trained to date. Completion of this training involves 15 hours of didactic training, 5 supervised practice interviews and coding of gold standard interviews to meet acceptable levels of reliability.

**GRANTS IN TEACHING**

Title of Grant Funder Role % Effort Award Dates

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Interdisciplinary Rural Mental Health Training Program* | Ohio Department of Mental Health | PI | 10% | $35,000 | 7/2005-6/2007 |
| *Interdisciplinary Rural Mental Health Training Program*  | Ohio Department of Mental Health | PI | 10% | $40,000 | 7/2007-6/2009 |
| Funding to provide interdisciplinary training to advanced health psychology graduate students, medical residents and interns using a Primary Care Psychology model. |

**INVITED PRESENTATIONS – TEACHING**

**LOCAL**

1. \*†McKeller, M., **de Groot, M**., Keith, N., Anderson, J. (2010). Characteristics of community members who attend a low-cost, school-based fitness facility. Poster presentation to the Bridges to Baccalaureate Scholar program in Indianapolis, IN on July 29, 2010.

**LOCAL (CONT’D)**

1. **\*de Groot, M.** (2010). Depression and diabetes: What we know and what we need to know. Presented to the IUPUI Department of Psychology Campus Series Colloquium on October 15, 2010.
2. **\*de Groot, M**. (2010). Diabetes and Gender. Invited lecture to Psy330 Psychology of Gender at the University of Indianapolis in Indianapolis, IN on November 22, 2010. (N=20).
3. **\*de Groot, M**. (2011). Psychosocial Issues and Treatment Approaches in Diabetes: A Pilot Curriculum for Residents and Endocrine Fellows. Presented to Division of Endocrinology Attending Physicians on January 30, 2011.
4. **\*de Groot, M**. (2011). Motivational Interviewing: Booster Training for Plan AHEAD and YMCA of Greater Indianapolis staff. Presented on April 18, 2011.
5. **\*de Groot, M.** (2011). Considerations for the creation of a community-based treatment program for depression and type 2 diabetes. Presentation to the Geriatric Fellows Research Conference on December 9, 2011. (N=7).
6. **\*de Groot, M.** (2015). Latest Developments in the Relationship of Diabetes and Depression. Invited Grand Rounds presentation at the Reid Hospital and Healthcare System in Richmond, IN, in July 2015. (N=35).
7. **\*de Groot, M.** (2016). Beyond the Numbers: Tips and Strategies for Promoting Adherence in Adults with Type 1 and Type 2 Diabetes. Invited presentation to the Eskenazi Diabetes Educators Monthly Staff Meeting at the Eskenazi Health Center in Indianapolis, IN on June 6, 2016.
8. **\*de Groot, M.** (2016). Chronic Disease: Diabetes. Presentation at the Minority Health Conference in Indianapolis, IN on September 20, 2016.
9. **\*de Groot, M.** (2016). Tools for the Treatment of Depression in Type 2 Diabetes. Presentation at the Minority Health Conference on September 20, 2016.
10. **\*de Groot, M.** (2016). Casting the net wide: The Recruitment Process for the Program ACTIVE II Behavioral Intervention Trial & Validating the 6MWT as an Alternative to GXT in Measuring Exercise Capacity. Presentation to the IUPUI TRIP Fall Showcase on October 25, 2016.
11. \*Hood, S., Irby-Shasanmi, A., Martin, E., **de Groot, M**. Lajoie, A. Understanding and Addressing Distress in African American Adults Living with Type-2 Diabetes. Presented at the National Institute of Health Regional Conference on November 6, 2016.
12. **\*de Groot, M.** (2016). Does Our Program Work? Evaluation of a Community Diabetes Education Program. Invited Presentation to the Program Planning in Public Health on November 7th, 2016. (N=15).

**REGIONAL**

1. **\*de Groot, M.** (2010). Diabetes and Depression: What role can exercise play? Invited presentation to the Indiana Central Association of Diabetes Educators, 6th Annual Diabetes Conference 2010 in Indianapolis, IN on November 5, 2010.
2. **\*de Groot, M.** (2018). Diabetes and Depression: What every Clinician needs to know. Invited presentation to the Ohio River Regional Chapter of the American Endocrinologists 20th Annual Meeting in Indianapolis, IN on July 27, 2018.

**NATIONAL**

1. Nash, J., **de Groot, M**. (2005). Early career development: Climbing the academic ladder. Breakfast Roundtable Discussion. Annual Meeting of the Society of Behavioral Medicine at Boston, MA in April 2005.
2. **\*de Groot, M**. (2011). Behavioral Research in Diabetes: Meet the Experts. Annual Meeting of the Society of Behavioral Medicine in Washington, D.C. on April 22, 2011.

**NATIONAL (CONT’D)**

1. **\*de Groot, M.** (2017) The Psychosocial Care of People with Diabetes: A Tour of the New ADA Standards of Care. Presented at the Indiana Central Association of Diabetes Educators on April 7th, 2017.
2. **\*de Groot, M.,** Crick, K., Saha, C., Shubrook, J., Kushnick, M., Schwartz, F. (2017) Program ACTIVE II: Lifetime History of Depression. Invited presentation to the University of Virginia Grand Rounds on April 26, 2017.
3. **\*de Groot,** **M.,** Hornsby, G., Saha, C., Yang, Z., Pillay, Z., Fitzpatrick, K., Mather, K., Shubrook, J. (2018). Program ACTIVE II: 6- and 12- Month Outcomes of Exercise and CBT on Depression and Type 2 Diabetes, Presentation at the American Diabetes Association 78th Scientific sessions.
4. **\*de Groot, M**. Monaghan, M., and Wagner, J. (2019). ADA/APA Mental Health Diabetes Education Program in New York on February 22nd, 2019 with 100 learners

**INTERNATIONAL**

1. **de Groot, M**. (2019). Why Don’t They Just Do What I Tell Them to Do? Supporting Patient Self-Care with Effective Provider Communication. Preconference Workshop given at the 2019 Annual Diabetes Canada/CSEM Professional Conference and Annual Meetings in Winnipeg, Manitoba on October 2nd, 2019. 21 Learners

**RESEARCH**

**ACTIVE RESEARCH GRANTS**

Title of Grant Funder Role % Effort Award Dates

|  |
| --- |
| \*Reaching Our Colleagues: Indiana University Co-PI 5% $99,983 7/1/2020-A Formative Study to Health Values 6/30/2022Evaluate Approaches for Fund for EducationEnhancing Wellness Among (VFE-369-de Groot)Health Care Providersat IU Health\*APP-ME: Addressing National Institute of Co-I 5% $2,152,738 5/2/16-Place & People Micro- Diabetes, Digestive 4/30/21Environments in Weight Diseases and KidneysLoss Disparities (5R01HL128494-02) |

\*14/22 Limited Competition for National Institutes PI 15% $317,315 2021-2022

the Continuation of the Diabetes of Health

Prevention Program Outcomes

Study (DPPOS) Clinical Center

**PENDING RESEARCH GRANTS**

Title of Grant Potential Funder Role % Effort Award Dates

\*Indiana University Center for National Institutes PI 20% $3,840,449 2021-2026

Diabetes Translation Research Diabetes, Digestive

(P30) Diseases and Kidneys

\*Analytics-based screening for National Institute of Co-I 10% $3,572,323 2021-2026

medical, public health, and Health

social services for patients

with diabetes

**PENDING RESEARCH GRANTS (CONT’D)**

Title of Grant Potential Funder Role % Effort Award Dates

\*Emotion Focused Behavioral National Institute of Co-I $600,000 2021-2024

Therapy, Diabetes Distress, and Diabetes, Digestive

Glycemic Management in Diseases and Kidneys

Patients With T2D PAS20-160

\*THRIVE for Health: National Institute of Co-I $3,966,683 2022-2027

Effectiveness of A Parent- Health

Focused Life Skills-Based

Intervention to Promote Healthy

Weight in Preschool-Aged Children

from Low-Income Families

**COMPLETED RESEARCH GRANTS**

Title of Grant Funder Role % Effort Award Dates

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| *Depression Prevalence among Patients with Type 2 Diabetes* | HRSA Appalachian Rural Health Institute  | PI |  20% |  $2,500 | 2003-2004 |
| Partial funding in support of PILOT I, a study of depression prevalence among Appalachian endocrinology and family medicine clinic attenders with type 2 diabetes.  |
| *Depression Prevalence among Patients with Type 2 Diabetes*  | HRSA Appalachian Rural Health Institute  | PI |  20% |  $9,000 |  2004-2005 |
| Funding for a graduate student to assist the collection of data for PILOT I, a study of depression prevalence among Appalachian endocrinology and family medicine clinic attenders with type 2 diabetes. |
| *Depression Treatment in Type 2 Diabetes Patients in Appalachia*  | Ohio University Research Challenge Funds  | PI |  20% | $6,000 |  2005-2006 |
| Advance funding in anticipation of a funding award for Program ACTIVE, a pilot and feasibility study to evaluate the effectiveness of a combination treatment of depression in patients with type 2 diabetes. |
| *Cardiovascular Risk Assessment, Communication and Preventive Behaviors in Patients with Type 2 Diabetes Mellitus* | Appalachian Rural Health Institute Diabetes Research Initiative  | PI |  20% | $10,920 | 2005-2006 |
| Funding to conduct a pilot and feasibility study on patient-provider communication about cardiovascular risk factors in patients with type 2 diabetes attending family medicine appointments.  **COMPLETED RESEARCH GRANTS (CONT’D)**Title of Grant Funder Role % Effort Award Dates |
| *Pilot and Feasibility of ‘The Caring for Diabetes” Family Diabetes Education Intervention*  | Appalachian Rural Health Institute Diabetes Research Initiative  | PI | 20% | $12,803  | 2005-2006 |
| Funding to assess the feasibility of delivering a family-based diabetes education program for adult patients with type 2 diabetes mellitus and identified family caregivers.  |
| \*Depression Treatment among Type 2 Diabetes Appalachians (Program ACTIVE) | National Institute of Diabetes, Digestive Diseases and Kidneys (#R34DK071545) |  PI | 20% | $300,000 | 4/1/2006-3/31/2009 |
| A pilot and feasibility trial to test the effectiveness of a multidisciplinary depression intervention among patients with type 2 diabetes. |
| Investigation of the Inflammatory Pathways Linking Diabetes and Depression among Women  | Appalachian Rural Health Institute Diabetes Research Initiative | PI | 20% | $12,456  | 2006-2007 |
| Funding to conduct a pilot study of the correlation of immunological markers in female patients with type 2 diabetes, major depressive disorder, and combined conditions.  |
| Psychosocial Aspects of Diabetes among Medical Patients and their Spouses in Athens County: 4-year follow-up study  | Appalachian Rural Health Institute Diabetes Research Initiative  | PI | 20% | $14,676  | 2006-2007 |
| Funding to continue a longitudinal investigation of the persistence of depression in a cohort of clinic attenders with type 2 diabetes.  |
| Cardiovascular Risk Assessment, Communication and Preventive Behaviors in Patients with Type 2 Diabetes Mellitus  | Appalachian Rural Health Institute Diabetes Research Initiative  | PI | 20% | $22,200  | 2007-2008 |
| A pilot and feasibility study on patient-provider communication about cardiovascular risk factors in patients with type 2 diabetes attending family medicine appointments.**COMPLETED RESEARCH GRANTS (CONT’D)**Title of Grant Funder Role % Effort Award Dates |
| Diabetes in Action Program | Ohio Department of Health Diabetes Prevention and Control Program | Co-PI | 20% | $120,000 | 2008-2009  |
| The Diabetes in Action program created a pilot program in Washington County, OH to promote community screening for diabetes and enroll qualified individuals to a lifestyle intervention program (diabetes education, nutrition and exercise). This program extended the presence of Program ACTIVE into the Marietta, OH area.  |
| \*CBT and Exercise for Depression in Latinos with Type 2 Diabetes | University of Connecticut Health Center General Clinical Research Center Funding |  Co-I | 10% | $19,975 | 2009-2010 |
| Pilot and feasibility study designed to culturally and linguistically translate the Program ACTIVE depression intervention materials for an urban Latino context. |
| \*Development of Depression and Diabetes Self-Management Intervention Materials for Urban Latinos with Diabetes | IU Center for Aging Research; Roybal Pilot Program, National Institute on Aging, NIA5P30AG024967-07 |  PI | 20% | $29,132 | 8/01/2010– 7/31/2011 |
| Pilot investigation to evaluate attitudes and community resources toward depression and type 2 diabetes among first and second generation Latinos living in an urban environment. |
| \*Pilot Data to Create a Synergistic Approach to Obesity, Diabetes and Depression Treatment among Urban At-Risk Communities | IUPUI Vice Chancellor for Research Office, Developing Diverse Researchers with InVestigative Expertise (DRIVE) | PI | 20% | $15,000 | 5/2010– 4/2011 |
| Pilot study to evaluate PARCS, a community exercise program and community attitudes toward diabetes and depression among urban at-risk adults with and without diabetes.\*Program ACTIVE II: National Institute of PI 30% $3,211,627 8/1/11Behavioral Depression Diabetes, Digestive 7/31/17Treatment for Type 2 Diseases and KidneysDiabetes (#R18DK092765) |
|  |

**COMPLETED RESEARCH GRANTS (CONT’D)**

Title of Grant Funder Role % Effort Award Dates

\*Augmenting Healthy IU Health PI 10% $77,185 9/2015 –

Results: a collaboration with 6/2016

IU Health and Diabetes

Translational Research Center

\*Diabetes Prevention National Institute of PI $1,805,093 2/24/2016-

Program Outcomes Study Diabetes, Digestive 1/31/2021

(DPPOS) Phase 3 Research Diseases and Kidneys

Project(5U01DK048406-27)

\*Evaluate Healthy IU Health PI 10% $35,787 1/1/2020-

Results: A Collaboration 6/30/2020

between IU Health and the

Diabetes Translational Research

Center

**SUBMITTED BUT NOT FUNDED RESEARCH GRANTS**

Title of Grant Funder Role % Effort Award Dates

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| \*Program ACTIVE Indy: Depression Treatment for African Americans with type 2 diabetes. | National Institute of Minority Health and Health Disparities P60 | PI on Project Grant | 20% | $750,000  |  5/16/2011 |
| A 3-year randomized controlled trial to evaluate the feasibility and effectiveness of a combination approach to community-based treatment of depression among urban African-Americans with type 2 diabetes. |
| \*Depression Treatment Effects on Inflammatory Markers among Appalachian Adults with Type 2 Diabetes | Indiana and West Virginia CTSI Partnership Funding program  | PI | 20% | $50,000 |  5/1/2012 |
| An 18-month study to examine the effects of depression treatment on inflammatory markers for participants enrolled in the WV site of Program ACTIVE II. |
| \*Technology Helping Everyone Track Activity (THETA) | Institute: Eunice Kennedy Shriver National Institute of Child Health & Human Development | Co-I | 15% | $500,000 | 4/2012 |
| A 5-year R01 application to evaluate the impact of pedometer and actimeter feedback on child and adolescent physical activity.**SUBMITTED BUT NOT FUNDED RESEARCH GRANTS**Title of Grant Funder Role % Effort Award Dates |
| \*Tobacco and Diabetes Prevention CDC-RFA-DP12-1216PPHF12 | Centers for Disease Control Community Transformation Grants – Small Communities Programs. | Subcontractorto the Indiana Latino Institute, Inc. | 10% | $873,236  |  7/30/2012 |
| Program evaluation subcontractor for a diabetes prevention and smoking cessation program for Latinos in the state of Indiana. |
| \*DEEP Plus: A pilot study of diabetes education and exercise for Latinos with type 2 diabetes.  | Indiana Minority Health Coalition State Master Research Plan  | Co-Investigator with the Latino Health Organization | 30% | $20,000 | 9/2012 |
| Pilot investigation of a combination approach to diabetes education and exercise training for under-served Latinos in Indianapolis with type 2 diabetes. |
| \*EMBODY: Depression and Glycemic Outcomes of Behavioral Interventions for T2DM. | National Institute of Diabetes, Digestive Diseases and Kidneys | PI | 30% | $3,327,417  | 10/5/2012 |
| A 5-year randomized controlled trial to evaluate the effect of Program ACTIVE (exercise and CBT) compared to Mindfulness-Based Stress Reduction to usual care in a sample of adults with type 2 diabetes and major depressive disorder. Score: 47; Percentile rank: 49% |
| \*EMBODY: Depression and Glycemic Outcomes of Behavioral Interventions for T2DM. | National Institute of Diabetes, Digestive Diseases and Kidneys | PI | 30% | $3,327,417  | Revision Submitted 7/5/2013 |
| A 5-year randomized controlled trial to evaluate the effect of Program ACTIVE (exercise and CBT) compared to Mindfulness-Based Stress Reduction to usual care in a sample of adults with type 2 diabetes and major depressive disorder. Score: 38; Percentile rank: 37% \*Diabetes Tune-Up: Indiana University PI 5% $433,115 2017-2019Adherence Education for Health Values FundDiabetes Patients and Educators Education Grant (VFE -345-de Groot)\*Investigating Glycemic Control IUPUI Office of the PI 22% $34,855 2017-2018Across the Menopause Vice Chancellor forTransition In Women with Research SupportType 1 or Type 2 Diabetes Funds**SUBMITTED BUT NOT FUNDED RESEARCH GRANTS (CONT’D)**Title of Grant Funder Role % Effort Award Dates\*Improving Access to the Center for Disease PI 2019-2021National Diabetes Prevention Control BAA 75D301Program for Medicare -19-R-678335Beneficiaries: Letter of Intent\*Adapting Program ACTIVE National Institute of PI 20% $598,900 2018-2023Exercise for Latinos with T2DM Diabetes, Digestiveand Depression Diseases and Kidneys\*e-IMPACT-DM: Modernized National Institute of CO PI 17% $3,394,418 2018-2023Collaborative Care for Diabetes, DigestiveDepression to Lower Diabetes Diseases and KidneysRisk FOA: PA-16-160\*PREVENT: Depression Relapse National Institute of PI 30% $2,780,796 2017-2022Prevention in Adults with Diabetes andType 2 Diabetes Translational Digestive Kidney Research to Improve Diabetes Diseases 94585and Obesity Outcomes\*IU Health Careers Opportunities National Institute Co-I 0% $1,343,600 2019-2024Program for Translational of HealthResearch (IU-HCOP for Translational research)\*Physical Activity Referral to National Institute of PI 10% $433,125 2019-2021Navigate Exercise Resources Nursing Research (PARTNERS) for Health Promotion\*Emotion Focused CBT and National Institute of Co-I 20% $445,500 2019-2021Glycemic Control in Patients Health PA-18-405With T2D\*Emotion Focused CBT and American Diabetes Co-I $975,000 2019-2021Glycemic Control in Patients Association’s Pathwaywith T2D. (1-20-VSN-12) to Stop Diabetes Program\*Addressing Diabetes Disparities National Institute Co-I 10% $433,125 2019-2021through African American of HealthFamily Reunion Partnerships\*Defining Operational Models U.S. Department of PI 20% $1,814,000 2019-2022Of NDPP Implementation Health and Human For Medicare Beneficiaries Services, Agency for  Healthcare Research  and Quality**SUBMITTED BUT NOT FUNDED RESEARCH GRANTS (CONT’D)**Title of Grant Funder Role % Effort Award Dates\*Using Predictive Analytics to AHRQ Agency for Co-I $1,999,500 2020-2023to Improve Access to Medical, HealthcarePublic Health, and Social Research and QualityServices for Primary Care Patients with Diabetes\*Using Predictive Analytics to National Institute of Co-I $3,647,680 2020-2025to Improve Access to Medical, Diabetes, DigestivePublic Health, and Social Disease and KidneysServices for Primary Care Patients with Diabetes\*Emotion Focused CBT and National Institutes Co-I 25% $1,927,566 2020-2025Glycemic Outcomes in Patients of Healthwith T1D.\*eDTU: A pragmatic trial to National Institutes PI 30% $3,335,813 2020-2025test the efficacy of a scalable of Healthintervention for diabetesdistress in adults with T1D\*Program ACTIVE: cognitive National Institutes Co-I 15% $157,164 2020-2023behavioral therapy (CBT) and Diabetes, Digestivecommunity-based exercise Diseases and Kidneys(EXER) intervention for BlackMen with Type 2 Diabetes\*Telemedicine for Reach, National Institute of PI 5% $2,158,015 2020Education, Access and Diabetes, DigestiveTreatment for the Young Adult Diseases and Kidneys(TREAT-YA) 1 R18 DK127331-01  |
|  |

**INVITED PRESENTATIONS – RESEARCH**

**LOCAL**

1. **de Groot, M.** (2001). Cultural factors in self-care behaviors in chronic illness: African Americans and type 2 diabetes mellitus. Invited presentation to the Missouri Institute of Mental Health, St. Louis Psychiatric Rehabilitation Center in St. Louis, MO in May 2001.
2. **de Groot, M.** (2004). Depression and diabetes: Research and practice considerations in Appalachia. Invited presentation to the ARHI Diabetes Educators Coalition, Athens, OH on December 7, 2004.
3. **de Groot, M.** (2004). Diabetes and Depression. Invited presentation to the OUCOM Residency Grand Rounds, O’Bleness Hospital in Athens, OH on July 14, 2004.
4. **\*de Groot, M.**, Kushnick, M., Shubrook, J., Schwartz, F. (2009). Results from Program ACTIVE: A depression intervention for people with type 2 diabetes. Presented to the Appalachian Rural Health Initiative Diabetes Coalition in Athens, OH on September 9, 2009.

**LOCAL (CONT’D)**

1. **\*de Groot, M.** (2015).Working SMART with our patients: TIPS and strategies to promote adherence in adults with type 1 and type 2 diabetes. Presented to the IUSM Division of Endocrinology at the grand Rounds on February 21, 2015. (N=30).
2. **\*de Groot, M.** (2015). Diabetes Burnout Across the Lifespan. Presented to the JDRF TypeOne Nation Annual Conference in Carmel, IN on March 7, 2015. (N=150).
3. **\*de Groot, M.** (2015). Psychosocial issues in diabetes: Tips and Strategies. Invited presentation to the IU Health Employee Wellness Program in Indianapolis, IN on May 5, 2015. (N=10).
4. **\*de Groot, M.** (2015). Mood disorders in chronic disease. Invited presentation to the first annual Auto Immune Hepatitis Association (AIHA) conference in Indianapolis, IN on May 16, 2015.
5. **\*de Groot, M.** (2015). Interdependence of health risk, chronic disease & mental illness. Presented to the Cardiovascular and Diabetes Coalition of Indiana (CADI) on June 19, 2015. (N=30).
6. **\*de Groot, M.,** Pillay, Y., Hornsby, G., Saha, C., Mather, K., Shubrook, J. (2015). Program ACTIVE II: Testing Behavioral Interventions for Depression in T2DM. Poster presentation at the first Annual Symposium of the Indiana University School of Medicine Center for Diabetes and Metabolic Diseases in Indianapolis, IN.
7. \*Crick, K., Long, M., **de Groot, M.** (2015). Lifetime Duration of Depressive Disorders in Patients with T2DM. Poster Presentation at the first Annual Symposium of the Indiana University School of Medicine Center for Diabetes and Metabolic Diseases in Indianapolis, IN.
8. **\*de Groot, M**. (2020). Results from the Diabetes Tune-Up Group Study: Treating Diabetes Distress in Adults with Type 1 and Type 2 Diabetes. Presentation to the IU Health Physicians Diabetes Center and Diabetes Education Team, March 3rd, 2020 in Indianapolis, IN (N=32).
9. **de Groot, M**., Myers, B., Klingensmith, R. (2021). The Emotional Consequences of COVID-19 for People With and Without Diabetes: A Longitudinal Study. Presentation to the DTRC Chalk Talk Series on March 24th, 2021. N = 8.

**REGIONAL**

1. **de Groot, M**. (2006). Voices of Appalachians with type 2 diabetes: The meaning of depression and its treatment. Invited presentation to the Research and Evaluation Enhancement Program (REEP) Ohio Health Disparities Forum in Columbus, OH on April 21, 2006.
2. **de Groot, M**. (2006). Voices of Appalachians with type 2 diabetes: The meaning of depression and its treatment. Invited presentation to the Appalachian Rural Health Institute Diabetes Educators Coalition Meeting in Athens, OH on June 7, 2006.
3. **\*de Groot, M.** (2010). Program ACTIVE: A depression intervention for people with type 2 diabetes. Invited presentation to the Indiana Minority Health Coalition Stakeholder’s Meeting in Indianapolis, IN, July 14, 2010.
4. **\*de Groot, M**. (2012). Translational diabetes research: Addressing co-morbid depression in Program ACTIVE II. Invited presentation to the Center for Translational Diabetes Research at the George Warren Brown School of Social Work Washington University in St. Louis on June 19, 2012.
5. **\*de Groot, M.** (2012). Program ACTIVE II: Behavioral Depression interventions for adults with type 2 diabetes. Invited presentation to the 2012 Diabetes Symposium and Workshop: Bridging the Gap with Education West Virginia University Extension Service in Charleston, WV on October 17, 2012.
6. **\*de Groot, M.** (2020). Living (and Coping) with Diabetes in the Time of COVID-19. Invited Presentation to the 2020 Virtual Diabetes Healthcare Provider Summit at Ohio University Heritage College of Osteopathic Medicine, Athens, OH, October 3, 2020.
7. **\*de Groot, M.** (2021). Diabetes Prevention Program Outcome Study Annual Update 2021. Presentation for Indiana Site of the DPPOS Annual Meeting. January 12, 2021. N= 21.

**NATIONAL**

1. **de Groot, M.** (1997). Multicultural issues in health care behaviors. Invited presentation to the Department of Psychology Colloquium series of Colby College in Waterville, ME in November 1997.
2. **de Groot, M**. (2002). Diabetes and depression: lessons learned and future directions. Invited keynote address to the Changing Faces of Diabetes in Minnesota Workshop on Depression and Diabetes in St. Paul, MN in April 2002.
3. **de Groot, M**. (2004). Depression and diabetes: Prevalence, predictors and treatment considerations. Invited presentation to the annual meeting of the American Academy of Clinical Psychiatry in Ft. Lauderdale, FL on March, 18, 2004.
4. **de Groot, M**. (2006). Depression Rates and Treatment among Appalachians with Type 2 Diabetes. Invited presentation to the American Psychological Association Science Leadership Conference in Washington, D.C. on December 1, 2006.
5. **\*de Groot, M**. (2011). Behavioral Health: Understanding Depression in Adults with Diabetes. Invited presentation to Optum Health Conference in Miami, FL on February 4, 2011.
6. **\*de Groot, M.** (2012). Behavior Change in Diabetes. Invited presentation to the Diabetes Diagnosis and Management program at the 2012 Endocrine Society Meeting and Expo in Houston, TX on June 22, 2012.
7. **\*de Groot, M**. (2012). Current Knowledge-Base in Health Interventions: Diabetes and Depression. Invited presentation to the NIMH Conference: Research to Improve Health and Longevity of People with Severe Mental Illness in Bethesda, MD on September 17, 2012.
8. **\*de Groot, M.** (2015). Building interprofessional Teams in Diabetes and Depression research. Invited keynote presentation to the Texas Women’s University Research Conference in Dallas TX on April 10, 2015.
9. **\*de Groot, M.** (2015). The Best of Diabetes Care: Diabetes and Depression. Presented to the 75th Annual American Diabetes Association Scientific Sessions on June 6, 2015. (N~3,000).
10. \*Rappaport M., **de Groot, M.** (2017). The Impact of Diabetes and Psychosocial Factors on Diabetes Management. Presented at the American Association of Clinical Endocrinologists annual Scientific and Clinical Congress on May 3, 2017.
11. **\*de Groot, M.,** Crick, K., Saha, C., Shubrook, J., Kushnick, M., Schwartz, F. (2017). Program ACTIVE II: Lifetime History of Depression. Presented at the University of Houston on May 25, 2017.
12. **\*de Groot, M.** (2017). Using and Understanding Screening Measures. Symposium presentation at the 2017 77th annual American Diabetes Association Scientific Sessions, San Diego, CA on June 10, 2017.
13. **\*de Groot, M.,** Crick, K., Smith, T., Fleetwood, L. (2017). Promoting Health in Healthcare Voices of Healthcare Employees. Presented at the Communications, Medicine and Ethics Conference, Indianapolis, IN on June 27, 2017.
14. \*Connor, U., Kessler, L., **de Groot, M.,** McNeill, R. (2017). Linguistic Tools to Improve Patient Health: An Intervention Study. Presented at the Communications, Medicine and Ethics Conference, June 27, 2017. Indianapolis, IN.
15. **\*de Groot, M**. (2018). Program ACTIVE II: A Comparative Effectiveness Trial of Behavioral Treatments for Depression in T2DM. Presentation at the 2018 Regenstrief Institute Work in Progress, Indianapolis, IN on April 11, 2018.
16. \*Connor, U., Kessler, L., **de Groot, M**., Mac Neill, R., Sandy, R. (2018). CoMac Communication System: A Feasibility Implementation of Language-Centered Intervention for T2DM. Presentation at the American Diabetes Association 78th Scientific sessions.
17. **\*de Groot, M.**, Hornsby, Jr., G. W. Saha, S., Yang, Z., Pillay, Y., Fitzpatrick, K., Mather, K., Shubrook, J. (2019). Program ACTIVE II: 6 and 12-Month Outcomes of Exercise and CBT on Depression and Type 2 Diabetes. Presentation at the 2019 Society for Behavioral Medicine Annual Meeting on Friday March 8th, 2019.

**NATIONAL (CONT’D)**

1. \*Kuo, S., Ye, W., **de Groot, M.**, Saha, C., Shubrook, J., Hornsby, WG., Pillay, Y., Mather, K., Herman, W. (2020) Cost Effectiveness of Program ACTIVE II: A Community-Based Depression Treatment for Rural and Urban Adults with Type 2 Diabetes. Virtual Poster Presentation to the 2020 ADA 80th Scientific Sessions on June 13th, 2020.
2. \*Sharma, H., Myers, B., **de Groot, M.** (2020) Effects of Diabetes and Menopause on Mood, Quality of Life and A1c. Virtual Poster Presentation to the 2020 ADA 80th Scientific Sessions on June 13th, 2020.

**INTERNATIONAL**

1. \***de Groot, M**. (2009). Management of Depression in Diabetes: Research and Practice. Take Control: Peaks and Valleys. Presented in Singapore in Feb. 2009 and Barcelona, Spain in April 2009.
2. **\*de Groot, M.** (2012). Diabetes Distress Versus Depression: Implications for Glycemic Control. Presented at the International Conference on Diabetes and Depression in Washington, D.C. on October 9-10, 2012.
3. **\*de Groot, M.** (2013). Diabetes Education and Support for Patients with Type 2 Diabetes Initiating Insulin in the U.S. Invited presentation to the Havas Medical Advisory Board in Paris, France on June 8, 2013.
4. **\*de Groot, M**. (2018). The Course and Treatment of Depression in Type 2 Diabetes. Invited presentation to the Eli Lilly, Inc. Global Diabetes Grand Rounds on June 1, 2018.
5. **\*de Groot M.,** Shubrook J., Hornsby W.G., Jr., Pillay Y., Mather K., Fitzpatrick K., Yang Z., and Saha C. (2018). Program ACTIVE II: Outcomes from a Multi-State Community-Based Depression Treatment for Rural and Urban Adults with Type 2 Diabetes. World Congress on Diabetes and Endocrinology, August 22-23, 2018 at Rome, Italy.
6. \*†Hsueh, L., Wu, W., Hirsh, A. T., **de Groot, M**., Mather, K. J., & Stewart, J. C. (2019). Undiagnosed diabetes among immigrant and racial/ethnic minority adults in the U.S.: NHANES 2011-2016. Oral presentation presented at the Annual Meeting of the American Psychosomatic Society, Vancouver, BC in March 2019.
7. **\*de Groot, M**. (2019). Behavioral Medicine in Diabetes for the Non-Mental Health Care Provider, presentation to the 2019 Diabetes UK annual Conference on February 23rd, 2019 in London, UK (N=80).

**SERVICE:**

**UNIVERSITY SERVICE:**

**CAMPUS**

Ohio University Psychology and Social Work Clinic 2002-2004

Department of Psychology Advisory Committee

Ohio University Treasurer, Health Psychology Group 2003-2005 Department of Psychology

Ohio University Clinical Admissions Committee 2003-2005

Department of Psychology

Ohio University Appalachian Regional Informatics 2005

 Consortium

 (ARIC) Basic Science and

 Research Subcommittee

Ohio University Cross-Cultural Psychology Faculty 2005

Department of Psychology Search Committee

Ohio University Comprehensive Exam Subcommittee 2005-2006

Department of Psychology

**CAMPUS (CONT’D)**

Ohio University Internship Subcommittee 2006-2009

Department of Psychology

Ohio University Athens Personnel Supervisor 2007-2009

Department of Psychology

Ohio University Health Psychology 2007-2008

Department of Psychology Admissions Subcommittee

Ohio University Research Advisory Committee 2008-2009

College of Arts & Sciences

Ohio University Provost Undergraduate Research 2008-2009

Department of Psychology Fund Committee

Ohio University Chair, Clinical Section 2008-2009

Department of Psychology Graduate Admissions

\*IUPUI Vice Chancellor for Reviewer, DRIVE Applications 2011

Research

\*Indiana University Grant Reviewer 2012

 Collaborative Research Grants

\*IUPUI Faculty Council Faculty Representative at Large 2012-2014

\*CTSI Community Health Grant Reviewer 2013

Engagement Program

\*IUPUI Faculty Council Faculty Representative at Large 2018-Present

\*IU School of Public Health The Nutrition Science Faculty 2021-Present

Bloomington Search Committee

\*IUPUI Faculty Search Committee 2021-Present

Division of Endocrinology

**PROFESSIONAL SERVICE:**

**LOCAL**

Central Ohio Diabetes Adjunct Board Member 2003

Association, Athens Chapter

Women in Science and Faculty Presenter to elementary 2008

Engineering (WISE) & middle school youth

Ohio University

\*Near West Neighborhood Health Task Force 2011-Present

Association Advisory Panel for the 3-Year

 Quality of Life Plan

\*Indiana Latino Institute, Inc. Board of Directors 2012-2017

\*YMCA Clinic to Community Committee Member 2013-Present

Linkages Program

\*Better Together Steering Committee Member 2017-2019

Committee (PSC) Meeting

\*Indiana Department of Health Committee Member 2019

Diabetes Strategic Plan Committee

**REGIONAL**

Ohio Tobacco Use Prevention Evaluation subcontractor 2002-2003

and Control Foundation Provided expert consultation for the development of

 evaluation materials for grantees.

 Prepared summary report on use of

 Tobacco Settlement funds across 50 U.S. states.

**REGIONAL (CONT’D)**

The Breathing Association Subcontractor to evaluate data from 2005-2006

 the Quit for Good program in

 Franklin County, Ohio

Ohio University Faculty Advisory Board 2007-2009

Appalachian Rural Health Institute

Ohio University Faculty Advisory Board 2007-2009

Diabetes Research Initiative

Ohio University Executive Leadership Board 2008-2009

Diabetes Research Initiative

\* Vanderbilt University Pilot and Feasibility Project 2017

Center for Diabetes Translation Reviewer

Research

Indiana-Kentucky ADA Midwest Committee Member 2016-2018

Diabetes Symposium Planning

Committee

Roche Panel Discussion Panel Member 2018-2018

Indiana-Kentucky ADA Women Committee Member 2018-Present

Interprofessional Network (WIN)

Symposium Planning Committee

Indiana-Kentucky ADA Board of Board Member 2019-Present

Directors

**COMMITTEE SERVICE**

**NATIONAL**

Society of Behavioral Medicine Chair, Diversity Track 2004-2005

 Planning Committee

\*American Diabetes Association Subcommittee Member 2007-2009

Annual Meeting Sessions Psychosocial/Behavioral Medicine

\*American Psychological Association Reviewer, Division 38 2008-2009

Behavioral Research in Diabetes President 2008-2009

Group Exchange (BRIDGE)

Planning Committee

\*Society of Behavioral Medicine Reviewer, Diversity Track 2009

\*American Diabetes Association Chair, Psychosocial/ 2009-2011

Annual Meeting Sessions Behavioral Medicine Section

Planning Committee

\*American Diabetes Association Reviewer, ADA Standards of 2010-2011

 Medical Care

\*Society of Behavioral Medicine Reviewer, Diversity Track 2011

\*American Psychological Association Reviewer, Division 38 2011

\*National Institute of Diabetes Planning Committee, International 2012

And Digestive Kidney Diseases Conference on Diabetes and Depression

American Psychological Association Abstract Reviewer Division 38 2015

*\*Diabetes Care* Associate Editor 2011-2018

This journal represents the top journal in my field of behavioral research in clinical diabetes. I was nominated and appointed to this position by the Executive Committee of the American Diabetes Association.

\*Special Emphasis Panel to evaluate Panel Member 2017

Member conflicts for NCRS study

section

**NATIONAL (CONT’D)**

*\*Diabetes Forecast* Editorial Board 2012-Present

\*American Diabetes Association Board Member 2017-Present

National Board of Directors

\*American Diabetes Association

Professional Practice Committee Committee Member 2017-2018

American Diabetes Association

\*American Diabetes Association President Health Care and Education 2020

National Board of Directors

\*American Diabetes Association Immediate Past President 2021

National Board of Directors

\*American Diabetes Association Committee Member 2020-Present

Science and Health Care Council

**\*JOURNAL REVIEWS (ALL CONDUCTED WITHIN RANK):**

Annals of Behavioral Medicine

Boston Area Diabetes Endocrinology Research Center

Diabetes Care

Ethnicity & Disease

Fear of Hypoglycemia in Adults with Type 1 Diabetes: Impact of Therapeutic Advances and Strategies for Prevention

###### Health Psychology

International Journal for Quality in Health Care

Journal of the American Medical Association

Journal of Behavioral Medicine

Journal of Clinical Epidemiology

Journal of Clinical Psychiatry

Journal of Clinical Psychology

Journal of Clinical Psychology in Medical Settings

Journal of Consulting and Clinical Psychology

Journal of General Internal Medicine

Journal of the National Medical Association

Journal of Psychosomatic Research

Medical Care

###### Psychology & Health

Psychosomatic Medicine

Psychosomatics

Quality of Life Research

Social Science and Medicine

**GRANT REVIEWS**

American Association Grant Reviewer 2003-2004

of Diabetes Educators Kate Doyle Diabetes Educator Award

 Accessing Diabetes Self-Management

 Education/Training (RFA0100-04)

National Institute of Special Emphasis Panel/ 2007

Diabetes, Digestive Diseases Scientific Review Group

and Kidneys (NIDDK) 2008/01 ZDK1 GRB-1 (J1)

**GRANT REVIEWS (CONT’D)**

\*Albert Einstein Grant Reviewer 2009

College of Medicine Diabetes Research and Training Center (DRTC)

 Feasibility Grant Program

\*National Cancer Institute Transdisciplinary Research in Energetics and 2010

 Cancer Review Panel (ZCA1 SRLB-4 (01)).

\*Ohio University College Grant Reviewer 2011

Of Osteopathic Medicine

\*Vanderbilt University Center for Diabetes Translational Research 2012

\*National Institute of Grant Reviewer 2012

Diabetes, Digestive Ancillary Studies to Major

Diseases & Kidneys Ongoing Clinical Research

Advance Areas of Scientific Interest in Review Panel (ZDK1 GRB-S (03))

NIDDK.

\*National Institute of Grant Reviewer 2013

Mental Health Leveraging Existing Natural Experiments to

 Advance the Health of People with

 Severe Mental Illness (R24) Review Panel

 (ZMH1-ERB-1 03).

\*National Institute of Grant Reviewer 2013

Diabetes, Digestive Diseases Small Grants for New Investigators to

& Kidneys Promote Diversity in Health-Related Research

 (ZDK1-GRB-9 (J1)).

\*American Diabetes Grant Reviewer Association Research 2013

ADA-Lilly Clinical Research Award

Programs

\*American Diabetes Grant Reviewer 2013

Association Research ADA-Lilly Clinical Research Award 2013

Programs Diabetes, Small Grants for New Investigators to

Digestive Diseases & Kidneys Promote Diversity in Health-Related

 Research (ZDK1-GRB-9 (J1)).

\*American Diabetes Grant Reviewer 2013

Association Research ADA-Lilly Clinical Research Award 2013

Programs

\*National Institute of Grant Reviewer 2014

Mental Health Improving Health and Reducing

 Premature Mortality in People with

 Severe Mental Illness

 (R01; RFA-MH-14-060).

\* Nursing and Related Clinical Panel Member 2018

Sciences Scientific Review Group

ZRG1 HDM-B 05 NRCS and DIRH

Special Emphasis Panel

\*National Institute of IAR Grant Reviewer Invitation for 2020

Health meeting 2020/10 ZDK1 GRB-1 (O7)

 1 - Chronic Disease Disparities

 competing supplements

**INTERNATIONAL**

\*Health Research Board Grant Reviewer 2005

Dublin, Ireland

\*Diabetes Research Fonds Grant Reviewer 2008-2013

The Netherlands

\*Diabetes UK Grant Reviewer 2009-2013

British Diabetic Association

\*HSC Research & Development Reviewer 2011-2012

Division Public Health Agency HSC R&D Doctoral Fellowship Awards

Belfast, Ireland

\*NIDDK International Planning Committee Member 2012

Conference on Diabetes

And Depression

**\*TENURE REVIEWS**

Missouri State University Ann Branstetter, Ph.D. 2009

University of Cincinnati Yin Xu, Ph.D., R.N. 2010

Medical College of Georgia Deborah Young-Hyman, Ph.D. 2011

University of Maryland Charlene Quinn, Ph.D. 2011

Ohio University Heritage Tracy Marx, D.O. 2009

College of Osteopathic Medicine Elizabeth Beverly 2018

Pennsylvania State University Heather Stuckey, D.Ed. 2017

Deakin Univeristy (Australia) Christel Hendrieckx, Ph.D. 2019

**PATIENT CARE/CLINICAL SERVICE**

**CLINICAL SUPERVISION:**

*St. Louis Psychology Internship Consortium and Alvin J. Siteman Cancer Center,*

*Washington University School of Medicine* 2001-2002

Training Coordinator and Primary Outpatient Supervisor for a pre-doctoral clinical intern. Responsible for training and supervision in the context of a multidisciplinary treatment planning clinic for breast cancer patients. Supervised intern training in health psychology clinical practice, assessment, evaluation, and individual psychotherapy.

*Alvin J. Siteman Cancer Center, Washington University School of Medicine* 2001-2002

Secondary supervisor for doctoral graduate student. Provided observation and supervision on assessment, evaluation and on-going supportive counseling interventions for patients attending a multidisciplinary treatment planning clinic for breast cancer patients.

*HeartWorks Cardiopulmonary Rehabilitation Program* 2002-2009

Director and licensed clinical supervisor of the Psychology Service that provides training for a post-doctoral fellow and advanced graduate health psychology students. Students gain experience health psychology training experience working within an outpatient, hospital-based multidisciplinary clinical rehabilitation setting. Students provide individual assessment, relaxation training and psychoeducational lectures to cardiac and pulmonary rehabilitation patients. Program was funded by O’Bleness Hospital through patient billing.

**CLINICAL SUPERVISION (CONT’D):**

*Interdisciplinary Rural Mental Health Training Program* 2004-2009

Director and licensed clinical supervisor for a pre- and post-doctoral practicum and traineeship placement developed in collaboration with O’Bleness Hospital Family Practice Clinic and Health First, Inc. Post-doctoral and graduate health psychology graduate students work in concert with medical residents, interns and attending physicians to provide integrated services to community patients within a residency training clinic and group family practice clinic.

Program funded by: Ohio Department of Mental Health and matching support from O’Bleness Memorial Hospital and the Department of Psychology.

*\*Health Psychology Service, Indiana University Hospital* 2010-Present

Director and licensed clinical supervisor for a pre-doctoral practicum student in collaboration with Indiana University Hospital Adult Endocrinology Clinic. Graduate health psychology students, medical interns and residents receive training in psychological issues of type 1 and type 2 diabetes, use of the Transtheoretical Model in clinical practice and Motivational Interviewing within a specialty clinic setting.

**INVITED PRESENTATIONS – SERVICE:**

**LOCAL**

1. **de Groot, M**. (2003). Coping with diabetes. Invited presentation to the O’Bleness Hospital Diabetes Education Program on June 26, 2003.
2. **de Groot, M**. (2004). Stress management for the holidays. Invited presentation to the OUCOM Student and Professional Support Relations Unit on December 15, 2004.
3. **de Groot, M.** (2004). Depression and exercise. Invited presentation to the Depression and Bipolar Support Alliance on March 10, 2004.
4. **de Groot, M.** (2005). Depression and diabetes in Appalachia: Practical considerations for assessment and treatment. Invited presentation to the Quentin N. Burdick Program at Ohio University and Tri-County Mental Health Center in Athens, OH on May 27, 2005.
5. **de Groot, M.** (2005). The Diabetes and depression laboratory: Current research and future directions. Invited presentation to the Kiwanis Club of Downtown Athens in Athens OH on April 29, 2005.
6. **\*de Groot, M.**, Kushnick, M., Shubrook, J., Schwartz, F. (2009). Results from Program ACTIVE: A depression intervention for people with type 2 diabetes. Presented to the Appalachian Rural Health Initiative Diabetes Coalition in Athens, OH on September 9, 2009.
7. **\*de Groot, M.,** Kushnick, M., Shubrook, J., Schwartz, F. (2009). Results from Program ACTIVE: A depression intervention for people with type 2 diabetes. Dissemination of scientific findings for study participants hosted at the Athens Community Center on May 2, 2009 and Belpre Endocrinology Practice on May 18, 2009.
8. **\*de Groot, M**. (2009). Depression and diabetes: Research and practice. Presentation to the Division of Endocrinology Grand Rounds on November, 11, 2009.
9. **\*de Groot, M.** (2012). Attitude is Everything. Diabetes Prevention Program Outcomes Study Presented at the Winter HELP Session on March 27, 2012.
10. \*†Keith, N., Greer, S., Virgil, K., Newmann, M.G., Shore-Beck, S., **de Groot, M.** (2012). Adjusting community-based participatory research to fit a community-based program. Poster presentation at the IUPUI Civic Engagement Showcase in Indianapolis IN in April 2012.
11. **\*de Groot, M.** (2012). Anxiety, Stress and Depression. Presented at the Diabetes Prevention Program Outcomes Study Fall HELP Session on December 6, 2012.
12. **\*de Groot, M.** (2013). The Benefits of Laughter. Presented at the Diabetes Prevention Program Outcomes Study Fall HELP Session on December 5, 2013.

**LOCAL (CONT’D)**

1. **\*de Groot, M.** (2015). Diabetes Distress and Diabetes Burnout. Presentated to the IU Health Diabetes Support Group on March 10, 2015.
2. **\*de Groot, M.** (2015). Self-Care after Loss. Presentation at the St. Luke’s Methodist Church Men’s Grief Support Group on April 16, 2015.
3. **\*de Groot, M.** (2015). Treating Depression in Diverse Populations with Diabetes. Invited presentation to the 2nd Annual Fall Symposium of the Cardiovascular & Diabetes Coalition of Indiana in Indianapolis IN in November, 2015.
4. **\*de Groot, M.** (2015). Behavioral Research in Diabetes at IUSM: Past, Present, and Future. Invited Presentation to the First Annual Symposium of the Indiana University School of Medicine Center for Diabetes and Metabolic Diseases, in Indianapolis, IN.
5. **\*de Groot, M.** (2016). Diabetes Distress and Diabetes Burnout. Presentation to the Indiana Chapter of the American Diabetes Association Diabetes Support Group on May 19, 2016.
6. **\*de Groot, M.** (2016). Diabetes, Mood and the Holidays. Presented to the American Diabetes Association’s Support Group on December 20, 2016.
7. **\*de Groot, M.** (2017). Self-Care After Loss. Presentation at the St. Luke’s Methodist Church Men’s Grief Support Group on June 29, 2017.
8. **\*de Groot, M.** (2017) Diabetes Distress and Burnout. Presentation at the IU Health Diabetes Support Group on October 10, 2017.
9. **\*de Groot, M.** (2017). The Psychosocial Care of People with Diabetes: A Tour of the New ADA Standards of Care. Invited presentation to the Indiana Central Association of Diabetes Educators. Presented on April 7, 2017. (N=50)
10. **\*de Groot, M.** The Psychosocial Care of People with Diabetes: A Tour of the New ADA Standards of Care. Presented at the Indiana University School of Medicine Endocrinology Grand Rounds on June 28, 2017.
11. **\*de Groot, M.** (2017). ADA Standards of Psychosocial Care of People with Diabetes: From Policy to Practice. Invited talk given to the 2017 ADA Midwest Diabetes Symposium, Indianapolis, IN on November 17, 2017.
12. **\*de Groot, M.** (2018) Psychosocial Aspects of Diabetes. Presentation at the Charis Center Staff Psychologists Meeting on November 8, 2018
13. **\*de Groot, M.**, Secenti, E.(2019). Self-Care after Loss. Presentation to the St. Luke’s Methodist Church Men’s Grief Support Group on April 3, 2019.
14. **\*de Groot, M.** (2021). Managing Stress for Diabetes Health Care Providers during COVID-19. Presentation to the IU Health Diabetes Center on January 12, 2021. N=27 attendees.
15. **de Groot, M.** (2021). Evaluating Health Results: a collaboration with IU Health and the Diabetes Translational Research Center. Presentation to Healthy Results Team Meeting on May 20th, 2021.

**REGIONAL**

1. **de Groot, M.** (2006). Taking care of ourselves: Stress management for women with diabetes. Keynote speaker to the 2006 Women’s Health Month Conference: Diabetes and the Appalachian Woman at the Ohio Department of Health in Chillicothe, OH on September 8, 2006.
2. **de Groot, M.** (2007). Physician wellness and stress management. Invited lecture to the Family Practice Centers for Osteopathic Research & Education (CORE) Residency Programs Advisory Committee (RPAC) Education Day in Columbus OH on August 1, 2007.
3. **de Groot, M.** (2007). Diabetes and depression: A review of the literature. Invited presentation to The Ohio State University Extension Dining with Diabetes Conference in Columbus OH on March 7, 2007.
4. **de Groot, M.** (2007). Diabetes and depression. Invited presentation to the Ohio Nutrition Council on December 7, 2007.

**REGIONAL (CONT’D)**

1. **de Groot, M.** (2008). Depression and diabetes treatment in Appalachia: Program ACTIVE. Workshop presentation to the West Virginia chapter of the National Association of Social Workers in Charleston, WV on April 24, 2008.
2. **\*de Groot, M.** (2010). Program ACTIVE: A depression intervention for people with type 2 diabetes. Invited presentation to the Indiana Minority Health Coalition Stakeholder’s Meeting in Indianapolis IN on July 14, 2010.
3. \*†Keith, N., **de Groot, M.**, Anderson, J., Virgil, K. (2011). Campus and community physical activity partnerships to promote health. Symposium presentation to the Midwest American College of Sports Medicine conference on October 28, 2011 in Indianapolis, IN.
4. \*†Virgil, K., **de Groot, M.**, Keith, N. (2011). Physically Active Residential Communities & Schools (PARCS): A program evaluation of an urban community-based exercise partnership. Poster presentation to the Midwest American College of Sports Medicine conference on October 28, 2011 in Indianapolis, IN.
5. **\*de Groot, M.,** Keith, N., Mi, D., Virgil, K., Kaiser, S., Herrera, S. (2014). The development and Maintenance of a Community-Based Exercise Program for Low-Income Urban Adults. Presented at the 35th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine in Philadelphia PA on April 25, 2014.
6. **\*de Groot, M.** (2016). Mental/Behavioral Health Factors Affecting Patients. Invited Presentation to the American Diabetes Association Diabetes Care Symposium in Indianapolis IN on November 18, 2016.
7. **\*de Groot, M.** (2019). Reducing out Risk of Professional Burnout. Invited Presentation to the American Diabetes Association Women’s Interprofessional Networking Career Development Program in Indianapolis, IN on November 15, 2019.
8. **\*de Groot, M.** (2019). Patient Engagement Panel Discussion. American Diabetes Association Women’s Interprofessional Networking Career Development Program in Indianapolis, IN on November 15, 2019.
9. **de Groot, M.** (2020). Managing Psychosocial Issues of Diabetes in the Clinical Setting. Invited Virtual Presentation at the Touro University 2020 Diabetes Update Symposium on November 6th, 2020.

**NATIONAL**

1. Huckins, J.,Trost, Z., **de Groot, M**., Bianco, J., Presutti, L. (2008). Integrated Primary Care Psychology Services in an Appalachian Community Sample: Preliminary Results from the Interdisciplinary Rural Mental Health Training Program. Poster session presented at the annual meeting of the Society for Behavioral Medicine in San Diego, CA on March 24, 2008.
2. **de Groot, M**., Bianco, J., Presutti, L. (2008). Building a Health Psychology Program within a Rural Family Practice Clinic: Inception, Implementation & Beyond. Paper presentation at the 29th Forum for Behavioral Science in Family Medicine on September 25-28, 2008 in Chicago, IL.
3. **\*de Groot, M**. (2009). Program ACTIVE: Addressing the need for accessible depression treatment in rural population with type 2 diabetes. American Psychological Association Psychological Science Agenda, Volume 23: No. 2, February 2009.
4. \*†Virgil, K., **de Groot, M.**, Keith, N. (2012). LANDSCAPE: Learning About The Needs And Desires Of A School And Community-based Activity Program Evaluation. Presented at the 59th ACSM Annual Meeting in San Francisco CA in May 2012.
5. **\*de Groot, M**., (2018). Diabetes and Mental Health Presentation. Invited presentation to the American Association of Diabetes Educators. Baltimore, MD, August 19th, 2018.
6. **\*de Groot, M**., (2018). “I know what to do, I just can’t get myself to do it.” The Relationship of Mental Health Issues and Diabetes. Presentation at the 2018 American Association of Diabetes Educators. Baltimore, MD, August 20, 2018.

**NATIONAL (CONT’D)**

1. \*Craven, M., Simons, Z., **de Groot, M**. (2019). Diabetes Distress among Healthcare Providers: A Qualitative Study. Presentation at the 2019 Society for Behavioral Medicine Annual Meeting on Friday March 8th, 2019, Washington, D.C.
2. **\*de Groot, M.** (2019). From Peaks to Trenches (and back again): The #EverydayReality of Diabetes Distress. Presentation at the AADE IL CB Annual Diabetes Symposium on November 8th, 2019 in Bloomington, IL.
3. **\*de Groot, M.**, (2020). What’s New at ADA for Behavioral Diabetes? Updates from the ADA President of Health Care and Education. Invited presentation at the BRIDGE 34th Annual Conference on Thursday February 13th 2020 in Santa Rosa Beach, Florida.
4. **\*de Groot, M.,** (2020). Update from the American Diabetes Association to the Certification Board for Diabetes Care and Education. Presentation to NCBDE/CBDCE Board, February 29th, 2020 (Virtual).
5. **\*de Groot, M**. (2020). COVID-19 – Diabetes and Mental Health. Presentation at ADA Community Leadership Board Meeting on 5/13/2020.
6. **\*de Groot, M.,** (2020). Update from the American Diabetes Association to the Certification Board for Diabetes Care and Education. Presentation to NCBDE/CBDCE Board, May 16th, 2020 (Virtual).
7. Hood, K., Ahmann, A., Marker, A., Hill-Briggs, F., **de Groot, M**. (2020). Behavioral Medicine and Psychology. Professional Interest Group Discussion as Guest Speaker on 5/20/2020.
8. **\*de Groot, M.**, Munoz, C. (2020). The Mental Health Speaker Series to ADA Employee Engagement Council on May 21st, 2020. (N=102).
9. **\*de Groot, M.** (2020) Behavioral Health and Diabetes. Presentation at the ADF/ADA Amaranth Meeting on 8/4/2020.
10. **\*de Groot, M.,** (2020). Update from the American Diabetes Association to the Certification Board for Diabetes Care and Education. Presentation to NCBDE/CBDCE Board, August 29th, 2020 (Virtual).
11. **\*de Groot, M.,** (2020). Update from the American Diabetes Association to the Certification Board for Diabetes Care and Education. Presentation to NCBDE/CBDCE Board, December 5th, 2020 (Virtual).
12. **\*de Groot, M.** (2020). Recognizing and Recovering from Professional Burnout. Presentation for Women’s Interprofessional Network of the ADA (WIN ADA)—Finding Equilibrium—Rethinking “Work-Life Balance” to Maintain Personal Wellness to the 2020 ADA 80th Scientific Sessions. June 14th, 2020. (Virtual) 76 Learners.
13. **\*de Groot, M.,** Brown, T., Gabbay, R., Eckel, R. (2020). Virtual Press Reception #HealthEquityNow. Presentation to the 2020 American Diabetes Association 80th Scientific Sessions on June 12th, 2020.
14. **\*de Groot, M.** (2020). Managing Psychosocial Issues of Diabetes in the Clinical Setting. Invited Virtual Presentation at the Touro University 2020 Diabetes Update Symposium on November 6th, 2020. (N=120).
15. **\*de Groot, M.** (2020). American Diabetes Association Resource and Wellness Series: Stress Management and Diabetes. Live Facebook presentation on 12/15/2020. N= 4,092 reached and 1,158 participants engaged nationally and across 7 states.
16. **\*de Groot, M.** (2020). Section 2.1 Diabetes Prevention. American Diabetes Association and American Psychological Association Mental Health Provider Diabetes Education Course. Recorded 12/15/2020. Diabetes.org. N= 648.
17. \***de Groot, M**. (2021). Diabetes and Mental Health for Providers and their Patients. ADA Post Grad lecture on 2/7/2021. (N = 360).
18. \***de Groot, M**. (2021). Psychosocial Landscape of Diabetes. Presentation to the New Onset Diabetes Study (NODS) Project Coordinator Meeting on July 8th, 2021. N = 21.

**INTERNATIONAL**

1. **\*de Groot, M.** Diabetes and Depression: Diagnostic and Treatment Considerations. Invited talk given to the Qingfeng Forum, Chinese Diabetes Society on November 17th, 2017.
2. \***de Groot, M**. (2019). Diabetes and Depression: Screenings, Intervention, and Management. Diabetes UK Conference in London in February 2019. (N=80).
3. **\*de Groot, M.** (2020). ADA President, Health Care and Education Address: 50 Years of Behavioral Science in Diabetes—A 2020 Vision of the Future. Presentation to the 2020 ADA 80th Scientific Sessions. June 14th, 2020. (N=1,644).
4. \***de Groot, M.,** (2020). Advancing Translational Diabetes Research: Breaking the ‘Fourth Wall’. Key Note Speaker for the FEND International Virtual Conference on September 17th and 18th, 2020.
5. **\*de Groot, M.** (2021). When Diabetes, Depression, and Cancer Collide: The Benefits that Physical Activity can Provide (session number A-01). Presentation for Joseph B Wolffe Memorial Lecture, 126th World Congress on Exercise is Medicine, World Congress of the Basic Science of Exercise in Regenerative Medicine, and ACSM 68th Annual Meeting virtually from June 1 -5, 2021. 3657 registrants and 1527 total views.

**MEDIA OUTREACH**

1. **de Groot, M.** (2002). The Psychology Minute [Radio interview]. Pittsburgh, PA: KQV-1410AM on November 19 and November 21, 2002.
2. Creamer, B. (2005). New kids on the block. Helping diabetics beat depression. *Profiles*, 8.
3. **de Groot, M**., Risaliti, C., Pinkerman, B. (2005). Diabetes and depression: Research and practice considerations in Appalachia. *Ohio Diabetes Prevention and Control Program*, pp. 1, 4.
4. **de Groot, M**. (2005). *Health Matters*. [Radio interview]. Athens, OH: WATH AM and Ohio University College of Osteopathic Medicine on January 13, 2005.
5. **de Groot, M**. (2006). *Live from Studio B*. [Radio interview]. Athens, OH: WOUB AM. On August 10, 2006.
6. **de Groot, M.** (2007). OU Research team seeking adults to participate in diabetes research in Chillicothe, OH: Chillicothe Gazette on May 25, 2007.
7. **de Groot, M**. (2007). Study treats dual problems in diabetes patients. Appalachian region especially vulnerable. Athens, OH: Ohio University Outlook. May 25, 2007.
8. **de Groot, M**. (2007). Study tests depression in diabetes patients. Athens, OH: The Athens News. June 4, 2007.
9. **de Groot, M**. (2007). Interview given to the WOUB Newswatch regarding prevalence, outcomes and treatment of depression in individuals with type 2 diabetes. Athens, OH: WOUB. June 6, 2007.
10. **de Groot, M**. (2007). *Health Matters*. [Radio interview]. Athens, OH: WATH AM and Ohio University College of Osteopathic Medicine. January 4, 2007.
11. \*Neveloff, Deborah, J. (2009). Clinician says depression is common in patients with diabetes. Interview given to Diabetes Strategy section of *MD Options* newsletter (mdoptions.com) in January, 2009.
12. **\*de Groot, M**., Shubrook, J. (2009). Interview given to WOUB radio for a series entitled, “Diabetes Dilemma”, Athens, OH: WOUB Radio. December 14, 2009.
13. **\*de Groot, M**. (2009). Interview given to the WOUB Newswatch regarding findings from Program ACTIVE. Athens, OH: WOUB Television. June 4, 2009.
14. **\*de Groot, M**. (2010). Interview given to SelfHelpsWorks internet-based RealTalk radio broadcast hosted by Lou Ryan, San Diego, CA: [www.selfhelpworks.com](http://www.selfhelpworks.com). On July 20, 2010.

**MEDIA OUTREACH (CONT’D)**

1. \*Weir, K. (2011). The Exercise Effect. *Monitor on Psychology,* 42 (11) 49-52. Interview given to the American Psychological Association in December 2011.
2. **\*de Groot, M**. (2013). Diabetes and Mood. Diabetes Forecast, November 2013.
3. **\*de Groot, M**. (2014). Ask the Expert: How Can I Reach My Teenager. Diabetes Forecast, March 14, 2013.
4. \***de Groot, M**. (2014). Interview given to the *New You* magazine on the psychological benefits of exercise.
5. **\*de Groot, M.** (2015). The Troubling Relationship between Diabetes and Depression. WFYI Radio 90.1. Sound Medicine, Aired July 13, 2014.
6. \***de Groot, M**. (2016). Interview given to the American Diabetes Association, Online TV Show for the December Edition of *Stop Diabetes Insight* on the topic ofCoping with Holiday Stress and Tying in Effects on Diabetes.
7. **\*de Groot, M.** (2017). Interview given to One Drop Today. More than Numbers: Dr. Mary de Groot on Diabetes Psychosocial Care. Interview conducted on January 6, 2017.
8. **\*de Groot, M.** (2017). Press interview for Program ACTIVE II: A Comparative Effectiveness Trial to Treat Major Depression in T2DM. Interview conducted at the American Diabetes Association Scientific Sessions on June 9th 2017.
9. **\*de Groot, M.** (2018). Distress and Depression. Interview conducted for Audio Digest – *Diabetes Insight* 9(1): January 6, 2018.
10. **\*de Groot, M.** (2018). Interview given to Diabetes Forecast. The Depression Connection: There’s a Link between Diabetes and Depression – but it’s Not What Researchers Initially Thought. Interview conducted on January 23, 2018.
11. **\*de Groot, M.,** (2018). Interview given to Diabetes in Control. Newsletter edition #946. Interview conducted on June 23, 2018.
12. **\*de Groot, M.,** Mather, K. (2018). Diabetes and Depression: The One Two Punch. Medscape Vale, D. (Director) (2018, February 5). Diabetes and Depression: The One Two Punch [Parts 1 through 6 featuring Dr. Mary de Groot and Dr. Kieren Mather]. Retrieved July 20th, 2018 from https:\\www.medscape.com/mtv/type-2-diabetes-s02/e01?faf=1.
13. **\*de Groot, M.,** (2019). Interview given to Diabetes Forecast for the Mental Health Provider Diabetes Education Program with Ben Page on March 13, 2019.
14. **\*de Groot, M.,** (2019). Interview given to Self Magazine for a general piece about the eating disorder diabulimia on March 13, 2019.
15. **\*de Groot, M.,** Brown, T. (2020)COVID-19 and Mental Health. A podcast for the American Diabetes Association on 3/30/2020.
16. \*Eckel, R., **de Groot, M.**, Hirsch, I., Peters, A., Philipson, L., Skolnik, L. (2020). COVID-19 and Diabetes – Considerations for Health Care Professionals A webcast on: [https://professional.diabetes.org/content-page/ada-covid-19-webinar-series. 4/2/2020](https://professional.diabetes.org/content-page/ada-covid-19-webinar-series.%204/2/2020)
17. **\*de Groot, M.**, Lawrence, J. & Seley, J. (2020). Empowering Patients during COVID-19. A webcast on: professional.diabetes.org/COVID. 4/9/2020 and 4/14/2020.
18. **\*de, Groot, M**. (2020). ADA TV for the ADA 80th Annual Scientific Sessions. A review of highlights of the ADA Scientific Sessions. Interview with Matt Coleman ADA TV on 6/10/2020.
19. **\*de Groot, M.** (2020) ADA 2020 Virtual Highlights and Questions with ADA Leadership. Interview for Infomedica on 6/17/2020.
20. **\*de Groot, M.** (2020). Medscape ReCAP: ADA 80th Scientific Sessions. Interview with Mary de Groot on 6/18/2020.

**MEDIA OUTREACH (CONT’D)**

1. **\*de Groot, M. (**2020). Bouncing Back. Interview given to Ginny Graves in *Diabetic Living*, 17(3):41-43.
2. **\*de Groot, M.,** Gabbay, R., & Brown, T. (2020). The Huddle: Conversations with the Diabetes Care Team, ADCES’ podcast. A podcast for ADCES20 session. 7/1/2020.
3. **\*de Groot, M.** (2020). Blood Sugar Rising Panel. Panel for the Side Effects Public Media and WFYI. 11/17/2020. N=25.
4. **\*de Groot, M.** (2020). Interview Questions with Amy Isler Verywell Health. 12/1/2020.
5. \***de Groot, M.** (2021) Media Interview for an article by WebMD and written by Jodi Helmer on 2/17/2021.
6. \***de Groot, M**. (2021) Expert Consulting Opportunity in the Field of Diabetes. Interview with OLG Research & Consulting. Interview on 2/25/2021
7. **\*de Groot, M.** (2021). Interview with Melinda Young for Case Management Advisor about improving care of people with diabetes through focus on also treating their mental health. Interview on 4/14/2021.
8. **\*de Groot, M**. (2021). Healthy Minds Trivia Night - Diabetes and Mental Health. Presentation to JDRF’s T1D Empowerment Series Trivia Night on 4/15/2021. N=11
9. **\*de Groot, M.** (2021). Risk for Suicidal Ideation: Who, When, and Why? Interview article with Eleanor McDermid for Medicine Matters Diabetes.
10. **\*de Groot, M.** (2021). Creating a Safety Net: How Doctors can Help Suicidal Patients. Interview article with Eleanor McDermid for Medicine Matters Diabetes.

**PUBLICATIONS:**

**REFEREED ARTICLES**

1. Jacobson, A.M., **de Groot, M**., Samson, J.A. (1994). The evaluation of two measures of quality of life in patients with Type I and Type II diabetes mellitus. *Diabetes Care*. April;17(4):267-74. doi.org/10.2337/diacare.17.4.267.
2. Jacobson, A.M., **de Groot, M**. Samson, J.A. (1997). The effects of psychiatric disorders and symptoms on quality of life in patients with Type I and Type II diabetes mellitus.  *Quality of Life Research*. January;6(1):11-20. doi.org/10.1023/A:1026487509852.
3. Jacobson, A.M., Hauser, S.T., Cole, C., Willett, J.B., Wolfsdorf, J.I., Dvorak, R., Wolpert, H., Herman, L., **de Groot, M.** (1997). Social relationships among young adults with insulin-dependent diabetes mellitus: Ten year follow-up of an onset cohort. *Diabetic Medicine*. Jan;14(1):73-79. doi.org/10.1002/(SICI)1096-9136(199701)14:1<73::AID-DIA294>3.0.CO;2-Q.
4. Jacobson, A.M., Hauser, S.T., Cole, C., Willett, J.B., Wolfsdorf, J.I., Dvorak, R., Herman, L. **de Groot, M**. (1997). Psychological adjustment to insulin-dependent diabetes mellitus: Ten year follow-up of an onset cohort of child and adolescent patients. *Diabetes Care*. May;20(5):811-8. doi.org/10.2337/diacare.20.5.811.
5. Cohen, S.T., Welch, G., Jacobson, A.M., **de Groot, M**., Samson, J.A. (1997). The association of lifetime psychiatric illness and increased retinopathy in patients with Type I diabetes mellitus. *Psychosomatics*. Mar-Apr;38(2):98-108. doi.org/10.1016/S0033-3182(97)71477-4
6. Chipkin, S.R., **de Groot, M**. (1998). Contextual variables influencing outcome measures in minority populations with diabetes mellitus. *Diabetes Spectrum*. 11(3):149.
7. Ruggiero, L., **de Groot, M**. (1998). Smoking patterns of low-income ethnoculturally diverse pregnant women: Are we casting the net wide enough? *Addictive Behaviors*. Jul-Aug;23(4):549-554. doi.org/10.1016/S0306-4603(98)00013-6.
8. **de Groot, M**., Jacobson, A., Samson, J., Welch, G. (1999). Glycemic control and major depression in patients with type 1 and type 2 diabetes mellitus. *Journal of Psychosomatic Research*, May;46(5):425-435. doi.org/10.1016/S0022-3999(99)00014-8

**REFEREED ARTICLES (CONT’D)**

1. Ruggiero, L., Rossi, J.S., Prochaska, J.O., Glasgow, R.E., **de Groot, M**., Dryfoos, J.M., Reed, G.R., Orleans, C.T., Prokhorov, A.V., Kelly, K. (1999). Smoking and diabetes: Readiness for change and provider advice. *Addictive Behaviors*. Jul-Aug;24(4):573-578. doi.org/10.1016/S0306-4603(98)00086-0
2. Lustman, P., Anderson, R., Freedland, K.E., **de Groot, M**., Carney, R.M., Clouse, R.E. (2000). Depression and poor glycemic control: A meta-analytic review of the literature. *Diabetes Care*. Jul;23(7):934-942. doi.org/10.2337/diacare.23.7.934
3. **de Groot, M**., Anderson, R., Freedland, K.E., Clouse, R.E., Lustman, P. (2001). Association of depression and diabetes complications: A meta-analysis. *Psychosomatic Medicine*. Jul-Aug;63(4):619-630.

This article established the association of diabetes complications and depressive symptoms across 24 studies. This paper has been the most cited article in *Psychosomatic Medicine.*

1. Anderson, R.J., Grigsby, A.B., Freedland, K.E., **de Groot, M**., McGill, J.B., Clouse, R., Lustman, P. (2002). Anxiety and poor glycemic control: A meta-analytic review of the literature. *International Journal of Psychiatry in Medicine*. 2002;32(3):235-247. doi.org/10.2190/KLGD-4H8D-4RYL-TWQ8
2. Cox, D.J., Penberthy, J.K., Zrebiec, J., Weinger, K., Aikens, J.E., Frier, B., Stetson, B., **de Groot, M**., Trief, Pl, Schaechinger, H., Hermanns, N., Gonder-Frederick, L., Clarke, W. (2003) Diabetes and driving mishaps: frequency and correlations from a multi-national survey. *Diabetes Care*. Aug;26(8):2329-2334. doi.org/10.2337/diacare.26.8.2329
3. **de Groot, M**., Auslander, W., Williams, J.H., Sherraden, M., Haire-Joshu, D. (2003). Depression and poverty among African-American women at risk for type 2 diabetes. *Annals of Behavioral Medicine*. Summer;25(3):172-181. doi.org/10.1207/S15324796ABM2503\_03
4. **de Groot, M.**, Welch, G., Buckland, G.T., Fergus, M., Chipkin, S. (2003). Cultural orientation and diabetes self-care behaviors in low-income African-Americans with type 2 diabetes. *Ethnicity & Disease*. Winter;13(1):6-14.
5. †**de Groot, M.**, Pinkerman, B., Wagner, J., Hockman, E. (2006). Depression Treatment and Satisfaction in a Multicultural Sample of Type 1 and Type 2 Diabetes Patients. *Diabetes Care*. Mar; 29(3):549-553. doi.org/10.2337/diacare.29.03.06.dc05-1396
6. Wagner, J., Lacey, K., Abbott, G., **de Groot, M**., Chyun, D. (2006). Knowledge of heart disease risk in a multicultural community sample of people with diabetes. *Annals of Behavioral Medicine*. Jun; 31(3):224-230. doi.org/10.1207/s15324796abm3103\_3
7. Williams, J.H., Auslander, W., **de Groot, M**., Robinson, A., Houston, C.. Haire-Joshu, D. (2006). Cultural Relevancy of a Diabetes Prevention Nutrition Program for African American Women. *Health Promotion Practice*. 7(1), 56-67. doi.org/10.1177/1524839905275393
8. †**de Groot, M**., Doyle, T., Hockman, E., Wheeler, C., Pinkerman, B., Shubrook, J., Gotfried, R., Schwartz, F. (2007). Depression among type 2 diabetes rural Appalachian clinic attenders. *Diabetes Care*. June: 30(6):1602-1604. doi.org/10.2337/dc06-1599
9. Wagner, J., Tsimikas, J., Abbott, G., **de Groot, M.,** Heapy, A. (2007). Racial and ethnic differences in diabetic patient-reported depression symptoms, diagnosis and treatment. *Diabetes Research and Clinical Practice*. Jan; 75(1):119-122. Epub 2006 Jun 19. doi.org/10.1016/j.diabres.2006.05.004
10. \*†**de Groot, M.**, Kushnick, M., Shubrook, J., Doyle, T., Merrill, J., McGlynn, M., Schwartz, F. (2010). A model of community-based behavioral intervention for depression in diabetes: Program ACTIVE. *Diabetes Spectrum*. Jan; 23(1): 18-25. doi.org/10.2337/diaspect.23.1.18
11. \*†**de Groot, M**., Kushnick, M., Shubrook, J., Doyle, T., Merrill, J., McGlynn, M., Schwartz, F. (2010). Depression among adults with diabetes: prevalence, impact and treatment options. *Diabetes Spectrum*. Jan 21; 23(1):15-18. doi.org/10.2337/diaspect.23.1.15

**REFEREED ARTICLES (CONT’D)**

1. Reprinted in its original form in the Annual Review of Diabetes 2011. The best of the American Diabetes Association Scholarly Journals. Washington, D.C.: American Diabetes Association, 2011. A total of eight papers on the topic of diabetes complications were selected from all of the articles published in 2011 in the journals *Diabetes*, *Diabetes Care*, *Clinical Diabetes* and *Diabetes Spectrum*.
2. \*†**de Groot, M.**, Doyle, T., Kushnick, M., Shubrook, J., Doyle, T., Merrill, J., Rabideau., Schwartz, F. (2012). Can Lifestyle Interventions Do More than Reduce Diabetes Risk? Treating Depression in Adults with Type 2 Diabetes with Exercise and Cognitive Behavioral Therapy. *Current Diabetes Reports*. Apr; 12(2):157-166. doi.org/10.1007/s11892-012-0261-z
3. \*†Doyle, T.A., **de Groot, M.**, Harris, T., Schwartz, F., Strotmeyer, E.S., Johnson, K., Kanaya, A. (2013). Diabetes, depression symptoms, and inflammation in older adults: Results from the Health, Aging and Body Composition Study. *Journal of Psychosomatic Research*. Nov; 75(5):419-24. doi.org/10.1016/j.jpsychores.2013.08.006
4. \*Marrero, D., Pan, Q., Barrett-Connor, E., **de Groot, M**., Zhang, P., Percy, C., Florez, H., Ackermann, R., Montez, M., Rubin, R.R. (2013). Impact of diagnosis of diabetes on health-related quality of life among high risk individuals: The Diabetes Prevention Program Outcomes Study. *Quality of Life Research*. Feb; 23(1):75-88. doi.org/10.1007/s11136-013-0436-3
5. \*Osborn, C., **de Groot, M.**, Kagha, K.C., Wagner, J.A. (2013). Racial and ethnic disparities in diabetes complications: The role of socioeconomic status. *Journal of the National Medical Association*. Spring; 105(1):51-58. doi.org/10.1016/S0027-9684(15)30085-7
6. \*†Portnoy, D., Kaufman, A., Klein, W., Doyle, T., **de Groot, M.** (2014). Cognitive and affective perceptions of vulnerability as predictors of exercise intentions among people with type 2 diabetes. *Journal of Risk Research*. Jan 1; 17(2):177-193. doi.org/10.1080/13669877.2013.794153
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3. †Doyle, T., **de Groot, M.**, Klein, W., Shubrook, J. (2008). Coronary heart disease risk perceptions and communication among type 2 diabetes mellitus patients and primary care physicians. Poster presented to the annual meeting of the Society of Medical Decision Making at Philadelphia PA in October 2008.
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14. \***de Groot, M.**, Keith, N., Mi, D., Virgil, K., Kaiser, S., Herrera, S. (2014). The development and maintenance of a community-based exercise program for low-income urban adults. Poster presentation to the 35th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine in Philadelphia PA. on April 25, 2014.

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**SERVICE-RELATED PUBLICATIONS**

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